

# MUKTIYA RAYS



DR. SWATANTRA JAIN

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( REVIEW )

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You can become so great and powerful as the universe is, but how? This world is like a sorrowful ocean, then, how can you enjoy the nectar of pleasure? You are self-enlightened possessing true ultimate knowledge, but how? You yourself can become supreme God, but how? All creatures, all human beings are alike, because all are supreme ones, but how? The empire of pleasure can be established in this world, but how?

Muktiya is a philosophical composition, to give/solve the answer of above questions with full of right attempts. It gives intense eternal pleasure. It is a very inspiring composition from the point of deep thinking, observing and studying & meditation with its inspiring thoughts. It is a very stimulating book for observing the spirituality and achieving/adopting your own-self i.e. your **SELF-GOD**.

The writer has presented one hundred one jewels, full of nectar juice by giving examples, after deep thinking by churning "Jinagam Ratnakar" (Jain Scripture). He has tried to explain the essence of **SELF-GOD** to the lovers of metaphysical knowledge with such a method that, this has become very useful book presenting inspiring thoughts with the ultimate aim to find what you are.



## ❧❧❧ AUTHOR'S INTRODUCTION ❧❧❧



Dr. Swatantra Kumar Jain is an earnest spiritual thinker, writer and elucidator for the last 30 years. He was born on 1st January 1949 at Bhopal. He got the Engineering degree from Maulana Azad College of Technology, Bhopal & has served efficiently and sincerely on different positions in M.P. Electricity Board. He took pre-retirement from the post of superintendent Engineer. During this time, he got the degree of the Doctor of Medicine (Alternative treatment). He has been providing treatment to all the patients on charity.

He has skillfully promoted the work of different religious and social institutions remaining on the post of president and secretary. His articles have been published in "SANMATI SANDESH, Delhi", as well as in other magazines.

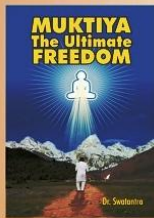
SHRI KAHANGURU TATVA PRASAR KENDRA published the first edition of "MUKTIYA" in 1987, and the second edition in 2002 and the third edition in 2007.

His style of expression is very simple, comprehensive, according to text, scientific and logical. He explains very deep and difficult to understand subject of spirituality logically and by giving simple examples so convincingly that the non-believer of the existence of spirituality i.e. **SELF-GOD** also becomes interested to think over it.

This is his evident announcement that as every citizen of the country has liberty to become the president or prime minister of the country. In the same way, in the sphere of spirituality also, there is establishment of democracy only. Here, also every living being, by adopting/acquiring spirituality can become the **SELF-GOD** from the status of devotee.

Therefore, it is desired that after acquiring supreme status, all the living being may be released or get deliverance from the world by sorrows, pains and now may be engrossed in blissful pleasures eternally. We express such divine wishes to all.

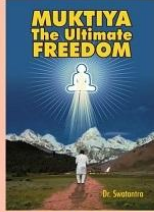




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BECOME SELF-GOD

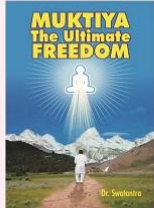
IF YOU WANT TO KEEP YOUR BODY BEAUTIFUL, HEALTHY AND FIT, THEN YOU HAVE TO STOP INVESTING THOUSANDS OF RUPEES/ DOLLARS IN BEAUTY PARLOURS, HEALTH CLUBS ETC. NOW IF YOU INVEST HALF OF THIS MONEY AND TIME IN SERVING THE POOR, DISTRESSED, WRETCHED, WEAK, SICK PEOPLE; THEN YOUR INTERNAL SPIRITUAL GOD POWER WILL BE AWAKEND WHICH WILL NOT ONLY MAKE YOUR PRESENT BODY CHARMING AND FIT BUT ALL YOUR FUTURE BIRTHS WILL ALSO BE VERY GOOD AND SOON MAKE YOU THE SELF-GOD OF THE THREE WORLDS.



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BECOME SELF-GOD

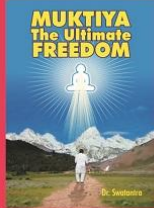
All creatures, all human beings are alike in all respect because all are supreme SELF-GODS. You can also drink nectar juice of everlasting power & pleasure by adopting your SELF-GOD.



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BECOME SELF-GOD

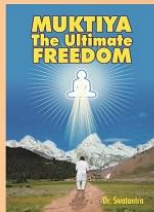
*IF YOU DONATE A DOLLAR, YOU WILL GET A MILLION ONE IN YOUR COMING BIRTH CYCLES AT BETTER PLACES. THIS IS THE BEST DEAL YOU COULD EVER MAKE.*



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BECOME SELF-GOD

YOU ARE SELF-ENLIGHTENED POSSESSING TRUE ULTIMATE KNOWLEDGE. YOU CAN BECOME SO GREAT AND POWERFUL AS THE UNIVERSE IS. THEREFORE TRY TO ACHIEVE YOUR SELF-GODSHIP SOON

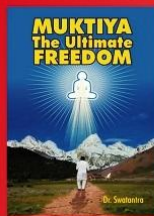


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BECOME SELF-GOD

THIS WORLD IS LIKE A SORROWFUL OCEAN; BUT STILL YOU CAN ENJOY THE NECTAR OF PLEASURE BY ADOPTING YOUR SELF-GOD

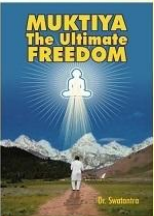




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BECOME SELF-GOD

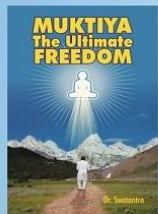
EVERY CITIZEN HAS THE RIGHT TO BECOME PRESIDENT OF THAT COUNTRY. SIMILARLY IN THE SPHERE OF SPIRITUALITY, EVERY HUMAN BEING HAS RIGHT TO BECOME SELF-GOD. YOU ARE THE ALMIGHTY GOD IN EVERY RESPECT IN THE PRESENT BIRTH ITSELF. THEREFORE BE SELF-GOD INSTEAD OF DEVOTEE / FOLLOWER / DISCIPLE



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BECOME SELF-GOD

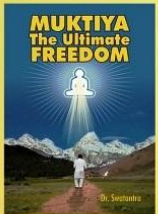
OH ELEGANT SOUL, YOUR SEAT IN THE PALACE ON TOP OF THE THREE WORLDS IS RESERVED. THERE YOUR NEIGHBORS ARE INFINITE SUPREME SALIVATED SELF-GODS.



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BECOME SELF-GOD

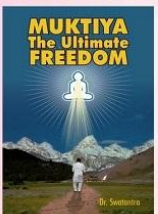
FREEDOM FROM ALL WORLDLY ATTACHMENTS IS YOUR SELF-PROVEN RIGHT. THEREFORE ADOPT YOUR SELF-GOD IMMEDIATELY



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BECOME SELF-GOD

*THERE COULD BE THE STATE OF EVERLASTING HAPPINESS AND YOU CAN ACHIEVE IT SINCE YOU ARE THE EMPEROR OF THE THREE WORLDS*

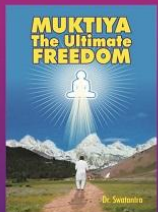


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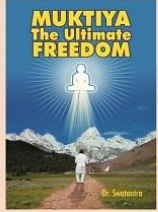
*IF YOU DONATE A DOLLAR, YOU WILL GET A MILLION ONE IN YOUR COMING BIRTH CYCLES AT BETTER PLACES. THIS IS THE BEST DEAL YOU COULD EVER MAKE.*





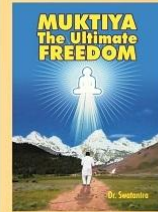
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**AS AN ATOM IS INDEPENDENT ONE WITH HUGE AMOUNT OF ENERGY LIKEWISE YOUR SELF-GOD IS ALSO INDEPENDENT ONE WITH INFINITE ENERGY. THE ONE & FOREMOST UNIVERSAL FACT IS THAT AS AN ATOM, YOU ARE EVERLASTING & CANNOT DIE AT ALL & THUS YOU ARE THE MASTER OF INFINITE VIRTUES.**



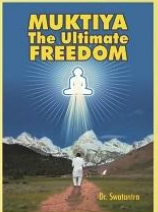
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**YOU ARE GOD IN THE PAST; AT PRESENT & WILL REMAIN GOD FOREVER. NOBODY IN WORLD CAN THROW YOU OUT FROM YOUR SEAT OF EMPEROR OF THE UNIVERSE. OH ELEGANT SOUL, YOUR SEAT IN THE PALACE ON TOP OF THE THREE WORLDS IS RESERVED. THERE YOUR NEIGHBORS ARE INFINITE SUPREME SALIVATED SELF-GODS.**



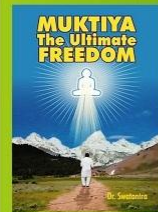
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**CAN ANYBODY BE HAPPY BY FORGETTING HIMSELF? WHO ARE YOU? DO YOU KNOW YOURSELF? KINDLY THINK AS YOU CAN DRINK NECTAR JUICE HAVING EVERLASTING POWER & PLEASURE ANY TIME BY ADOPTING YOUR SELF-GOD.**



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**ALL HUMAN BEINGS ARE YOUR BROTHERS AND SISTERS WITHOUT ANY CASTE, COLOUR OR CREED AS THEY WERE YOUR AFFECTIONATES IN EARLIER BIRTHS YOU HAD.**

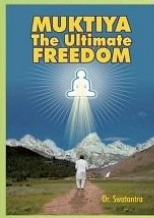


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**INSIDE YOUR SOUL SINCE BEGINNING-LESS PERIOD, YOU HAVE LOST NOTHING & GAINED NOTHING IN 8.4 MILLION BIRTH PLACES. THEREFORE THINK ABOUT YOUR FUTURE GAINS & LOSSES NOW AND ADOPT YOUR SELF-GODSHIP IMMEDIATELY.**



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# ALL THE HINDUS-MUSLIMS-SIKHS-CHRISTIANS ARE SELF-GODS

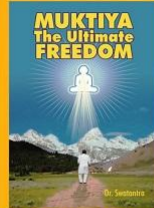
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## THE EMPIRE OF PLEASURE CAN BE ESTABLISHED IN THIS WORLD BY UNDERSTANDING SELF-GODSHIP

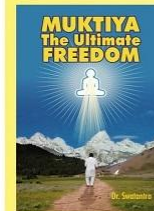
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## TO BECOME SELF-REALISED, SELF-RENOUNCED SELF- GOD, YOU HAVE TO LIBERATE ALL YOUR PASSIONS

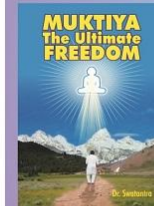
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ALL HUMAN BEINGS ARE YOUR BROTHERS AND SISTERS WITHOUT ANY CASTE, COLOUR OR CREED AS THEY WERE YOUR AFFECTIONATES IN EARLIER BIRTHS YOU HAD. IF YOU HELP POOR, SUFFERER, SICK ONES, YOU HELP YOUR OWN SELF BY AVOIDING YOUR SUCH BIRTHS MILLIONS TIMES AND THUS THEY GIVE A CHANCE TO YOU FOR YOUR OWN HELP

BECOME SELF-GOD



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YOU ARE AN OCEAN OF UNLIMITED AND UNINTERRUPTED PLEASURE, PEACE & HAPPINESS. YOU CANNOT SUFFER PAIN AND MAY GET RID OF IT AT ANY MOMENT.

## **Dedication**

**This book does not cover any of the worldly religions. In a real sence, it is a way of life meant -  
For the people,  
By the people  
Of the people  
For achieving the ultimate freedom of their own  
Chaitanya-Godship for the endless period.**

**This book is also dedicated to the nature's property of eternal non-destructibility of all the matters including all living beings. This makes you to accept your Chaitanya as everlasting.**

**This book is also dedicated to the weak, poor, sufferer, sick, wretched & distressed people of any caste, colour, creed or gender all over the world to let them know that there could be the state of everlasting happiness and you can achieve it as you are the emperor of the three worlds and are the Chaitany-God & will remain as Chaitany-God for endless period.**

**This book is also dedicated to the philosophers, scientists, doctors, engineers, management gurus, professors, leaders, women organizations, ngos, peta etc. who are sparing their valuable time for the mission to help the mankind. They will find the content most useful in solving all worldly problems.**

**This book is also dedicated to the women of the world to let them understand that they are also Chaitanya-Gods and gender is not obstructing them any more.**

**This book is also dedicated to the senior citizens of the world to make them realize that they will not die and will simply change their body as they**



change their old clothings since they are also Chaitanya-Gods with all divine powers and qualities within them for ever.

This book is also dedicated to the Chaitanya desirous people of the world who want to achieve their own Chaitanya-Godship and various facts relating to the universe; visible & non-visible matters and to go through the contents of the site having infinite depth and a real desirous diver can extract pearls required for acquiring Chaitany-Godship.

Lastly but not the least, this book is also dedicated to all the people of the world who are engaged in helping humanity in their own ways.

## Muktiya rays

Chapter 1 - Chaitanya-God

Chapter 2 - atomic freedom

Chapter 3 - your freedom

Chapter 4 - universe

Chapter 5 - universal brotherhood

## Chapter 1

### Chaitanya-God

You are Chaitanya-God in the past  
You are Chaitanya-God at present  
You will remain Chaitanya-God  
Forever till endless period  
Nobody in the world can throw you out



From your seat of  
Chaitany-emperor  
Of the universe

This human body may become old  
This human body may destroy  
But you could live long for ever.  
You are always young with  
Infinite energy within you.  
Because you are the  
**CHAITANY GOD**  
Therefore accept yourself as  
**THE ALMIGHTY GOD**

The one & foremost universal fact is that  
Like an atom, you are everlasting  
Like an atom, you cannot die at all  
Like an atom, master of infinite virtues  
You are an ocean of unlimited pleasure,  
Possess uninterrupted peace, happiness,  
Then why do you suffer pains  
Then why do you suffer sorrow  
How to get rid of your problems?  
Therefore accept yourself as  
**CHAITANYA-GOD**

Can anybody be happy by forgetting himself?  
Who are you?  
Do you know yourself?  
At least for a while  
Pay attention on this aspect

You are chaitany-enlightened possessing true ultimate  
knowledge, but how? You yourchaitany can become  
supreme god, but how?

You can become so great and powerful as the universe  
is but how? This world is like a sorrowful ocean; can  
you enjoy the nectar of pleasure?

In your present state, liberate your own chaitany from  
your body & do not beg anything from others including  
salivated ones, realize infinite powers.



You are the almighty god in every respect in the present birth itchaitany. Therefore be Chaitanya-God instead of devotee/follower/disciple.

Oh elegant soul, your seat in the palace on top of the three worlds is reserved. There your neighbors are infinite supreme salivated Chaitanya-Gods

I have acquired this state of Chaitanya-Godship and want to share and exchange my experiences to all the people of the world.

Now rouse your consciousness & become Chaitanya-God, achieve Chaitanya-God and adopt Chaitanya-God with endless happiness.

One, who is concerned about his future, is always sunk or engrossed in thought of his dreamy-palace containing various majestic grandeurs. You think that when you would retire from your work, you would go in your dreamy palace & live in it happily but how? The learned one is also engrossed in the memory of his salvation palace, he thinks about its various majestic grandeur for infinite period

After retirement we will live in our dreamy palace & will make merriments with infinite pleasures along with countless salvaged gods but how?

You are prince of salvation-palace, but you assume your chaitany as wretched & distressed one in this world forgetting your royal status & godship. Now take care of your chaitany at least once & accept that your real relatives, well wishers are ultimate salvation achieved supreme Chaitanya-Gods

Supreme Chaitanya-Gods are showing path of solitariness & with whom you can live together if wish so for infinite period with everlasting pleasures

You may visit several hundred pilgrimages and may read several thousands scriptures but you can't obtain



**your Chaitanya-God unless you observe deep Chaitanya-God thinking.**

**Nobody is capable to bestow you anything. You have got everything possessed. Accept this to become Chaitanya-God.**

**Engross your chaitany in the infinite deepness of your soul, acquire your Chaitanya-God where there is eternal bliss for endless time.**

**Oh Chaitanya-God, the goddess of universe with everlasting pleasure, happiness, vitality & peace in her arms is eagerly waiting to wed you.**

**The true inquirer does not want even to stop in the burning heat and shades of the worldly sorrows and pleasures & acquires the Chaitanya-Godship.**

**In the path of liberation, a true inquirer proceeds forward & forward without worldly expectation & achieves absolute freedom.**

**Many dusty storms of pains and sufferings or dark shadow of pleasures may come on his way; a true lover of freedom keeps on journey to godism  
Oh holy soul, if you want to achieve your Chaitanya-God, you should assume all the pleasures & sorrows as temporary and destructive.**

**To achieve eternal supreme ultimate form of Chaitanya-Godship, go on the path of chaitany-contemplation to enjoy state of bliss for endless period.**

**After getting immortal supreme being form i.e. The godism; you will enjoy unlimited pleasures for the infinite period.**

**The materialistic human being is like a creature of dirt; if it is kept in clean water, it begins to feel uneasiness. One who feels boring or uneasiness, sleepy or likes to run away from spirituality, then he is not supposed to get salvation.**

A holy person is quite different as he is like a fish living in clean water. If he has to live in the worldly passion dirt, he would not feel better.

Leaving all worldly matters, a holy person will be immersed in deep meditation of spirituality to acquire his own Chaitanya-Godship.

If a holy person does not get success in present birth, he will get the super spiritual seat of Chaitanya-Godship by himchaitany certainly in the next birth

Oh pious person, if you are confused on this worldly glass form; once fix your vision attentively on a diamond of your own-Chaitanya-God, infinite properties of your Chaitanya-God will then be so wonderful and lovely that you will never keep away your eyesight from him.

On getting Chaitanya-Godship, you will be engrossed in the eternal bliss. Therefore show your vitality to bring your ultimate pleasures forever.

Your Chaitanya-God is an aggregate of infinite vitality, an ocean of infinite properties, energies, ultimate knower & viewer.

You are the supreme commander of this universe and will remain there always for the coming endless period.

You, your chaitany are supreme being, master of the three worlds and infinite virtues, founder of infinite power, the ocean of infinite pleasure.

Listening very pleasing words of Chaitanya-God told by the benevolent spiritual preceptor, a noble soul with great attachment pays reverence on him. you must take a resolution to get liberation from taking births in this world cycle to require nothing except your own supreme Chaitanya-Godship.

Your only aim or duty should be to get own eternal indestructible nature and there should be no other desire from this world. Oh noble Chaitanya-God, now



onwards you will be called a real desirous of salvation to achieve your godship soon.

This body is short lived & destructible; can also be destroyed at any moment and you may again find your chaitany in the lowest form of birth places i.e. Nigod.

A person if wants to achieve Chaitanya-God with simply little studying or listening scriptures & assuming himchaitany doer gets failures.

A person who finds himchaitany detached from the world and is discarding egoism of doer compassionately achieves Chaitanya-Godship .

A person who is a silent knower & viewer, a learned vigilant, free from options & regards himchaitany; what ever i am, so i am obtains Chaitanya-God.

Immerse your chaitany in deep meditation; you will get the vision of clear appearance of your Chaitanya-God with ultimate happiness for endless period.

All the omniscience Chaitanya-Gods have seen that this world as visible will remain only for 18500 years. Then a new mode of world will emerge.

Oh holy soul, you are in your own form of supreme Chaitanya-God with empire of three worlds. Then why do you want to live in this world destroying you soon. By forgetting your empire of supreme Chaitanya-God, you try to earn some money by doing hard labor day and night & soon you will go empty handed. you have no knowledge of your infinite power that you can acquire all the wealth of three worlds many times by a simple touch of your Chaitanya-God.

You have god like intelligence and bliss as attributes of the supreme being & are own Chaitanya-God all the times. You are only lacking due to your opposite, wrongful conception, and because of this, you are facing unspeakable infinite grieves. Kindly start to make attachment to own-chaitany only once, then you will see that you are getting everlasting benefaction or benediction and will rule the world for infinite period.

Your Chaitanya-God is naturally pleasurable, ultimate pure with everlasting status having all the knowledge of All the three worlds all the time.

How many sins, you might have committed, how much wretched and distressed you might be in the present

time, but you should not forget that you are Chaitanya-God.

How much dark may be shadow of sinful or inauspicious activities, still you should not be disappointed as you have to welcome the infinite virtuous rays of your spiritual sun.

Oh holy soul, you are non-destructible, eternal conscious sentient matter in whose light, all the darkness disappears in few moments.

Oh holy soul, assume that in a large hill a cave is existed containing darkness for indefinite period. To remove this ancient darkness how much time would you require? Oh, on lighting a matchstick of Chaitanya-Godship, the darkness of eternal time will be vanished immediately & you will see your Chaitany as king of universe.

Oh pious living being, recognizes your mystical nature & accept you as natural blissful, pure, non-destructible, sentient radiance Chaitanya-God only.

In the eternal ignorance state it Chaitany, you have to understand your pure natural godship form from your inner soul & enlighten your taste by showing your vitality. Now onwards you have to do nothing as your conscious flame will burn all your karmic aggregates & make you soon the supreme lord of 3 worlds for coming endless period.

Oh noble soul, in your present birth, with how much zed you make planning of your future life but can this gives you eternal pleasure for ever? Discarding your pleasures, you save money & get a house built-up; decorate it with all luxurious pleasure items to live happily in your dream-palace but how long?

Have you ever thought that even after investing 30-35 year's earnings, you get a house built. For but how many years would you be able to live in it? You can live in a house almost for 25 to 50 years as life span is only 80 to 100 years. Where would you go then? Where is your permanent home?

Would earnings of present life be useful later-on in your endless years of age? In comparison to endless years, age of 100 years is very less just like a drop of ocean.

Think for a while, whether you should take care of the age equal to an ocean or a drop. If you achieve an ocean



on sacrificing a tiny drop, it is a very profitable business.

Oh noble soul, not only from today but from this moment onwards, take a decision; whether you want to live in pleasure or in agony for ever? It may be a little troublesome to you, but now you will build such a palace in which you would be able to live happily. In such salvation palace, there would be your residence eternally. Your neighboring companions in your eternal palace would be the infinite supreme salvaged Chaitanya-Gods engrossed in their eternal pleasure knowledge for the endless period.

The affliction of hunger is of unbearable kind. When hunger is felt & if a pile of diamonds & jewels are present, it can't satisfy your pains in anyway. During hunger, the crumbs of grain are more valuable to you than millions of diamonds & jewels present before you. Your wealth can't earn peace. under severe hunger, your attention is diverted from all; your wife, your son, house and property & you are centered on filling your belly only. sometimes, some persons even sell their children to fulfill the fire of their stomach. how to avoid this condition for you in future births?

Someone if has the appetite of spirituality; he does not feel satisfaction on getting all worldly amenities. He simply cries, "hunger, hunger (spirituality, spirituality)". unless you get the state of spirituality, you should remain restless or agitated & when you meet your Chaitanya-God, only then be satisfied. oh noble soul, you should also have appetite for spirituality and must be restless in acquiring it. At this time, your concentration should not be drawn for anything else. To understand various properties of Chaitanya-God are useful in achieving your own supreme soul as they give inspiration for adopting Chaitanya-God.

The various properties of your Chaitanya-God are the infinite virtues, natural ultimate pleasing nature, pure positive form, non-destructibility, omniscience etc.

Once, at least once, take this decision that you really want your Chaitanya-God and except him, nothing else is required to you in all the three worlds. the decision to achieve your own supreme soul i.e. Chaitanya-God should be firm and solid and you should not have any

doubt at all at the second time.now accept your own-chaitany as nothing else is desired now &this world seems to vex you. All materials of worldly pleasure &sorrow look only sorrowful.

All your money, house, property & family will remain here if work of chaitany-finding is not completed now, only merits of Chaitanya-God will go to your next birth. These are the conceptions, which in perverse state, in contrary reverence state, every human being can acquire if he has got aversion from the worldly life. If not more, at least make this earning of your Chaitanya-God in your present human birth and do it soon. After above mentioned decision, the activity of going starts for getting your Chaitanya-God.

As is the appearance of the infinite salvation-achievers, omniscient; so is the appearance of mine. At present also, there is no impurity in me.no work is due to be done in me as i am the perfect soul even in the present state also.

All the body forms are taking place, coming and going. I am only the knower and viewer of all the options with a vigilant mind. That i am, so i am.

Taking only my Chaitanya-God in mind, i am getting mychaitany detached from all worldly options.

After understanding your Chaitanya-God,be engrossed evidently in your inner thoughts for him, then you will achieve the desired one i.e. Your own Chaitanya-God.

A true salvation seeker and desirous of Chaitanya-God observes listening, reading and grasping of the scriptures a little & meditate on them, for the whole day. Thus the salvation seeker finds a way to the mystery of hidden sentiments of sad-guru to understand the great nectar like knowledgeable words. Only reading &uttering words of scriptures is not sufficient but understanding hidden mystical sentiments &constantly grasping them is meaningful.

May visit several hundreds of pilgrimages & read several thousands scriptures,but you can't obtain your Chaitanya-God unless you observe deep thinking.

In your Chaitanya-God, neither there is any deficiency, nor it will be in future. There is no possibility of its enhancement as it is absolutely perfect in nature.

Keeping this in mind, oh holy soul kindly do your well



being soon, otherwise some earthquake will again occur making you to creep in place of walking.

Oh holy soul, feel some fear from this world. Various great emperors went in the shelter of their supreme Chaitanya-Gods after getting afraid from it. but due to your active attachments and keen interest in this world, you are involving your chaitany in many options of the world & not getting real pleasure. Under such high passionate condition, if you try to meditate, you will not be able to achieve your Chaitanya-God. Therefore to achieve your Chaitanya-God, decrease the water of your faults to become low passionate so as to absorb the teachings of sad-guru.

If you show your manliness of stirring this harmful dirty worldly water by inner soul power, layer of wrongful dirt will be shaken and there will be openings to Chaitanya-God. From these openings, brilliant ray of infinite multiple virtues of Chaitanya-God will appear into existence to bring you in blissful state forever. If you shake harmful dirty worldly water by your vigor, brilliant rays of infinite multiple virtues of Chaitanya-God will appear to bring you in blissful state forever.

Oh elegant soul, your chaitany-bottle is filled with delusion-attachment & jealousy formed wine. Then why are you pouring water of devotion, worship etc. On it By doing all religious observances, you think that it would destroy this delusive wine of beginning-less period. How is this possible? Can the mud it chaitany ever clean the mud? This is only a childish play.

Therefore, now do that work which has not been carried by you since beginning-less time. Just up down bottle of delusive wine so that all wine may come out. Similarly you also understand real state of your chaitany & give up these inner rooted faults. Then if you don't wish, even though the bottle will be filled with the nectar-rainfall formed preaching of the sad-guru. Now onwards you will have the vision of your own concentrated consciousness, natural pleasure, and pure chaitanyness, everlasting Chaitanya-God.

Keep in mind that you will have to destroy delusion completely otherwise your work of chaitany-achievement will not be accomplished.

You will find that every worldly soul is taking round of his Chaitanya-God as center & he neither goes out of own Chaitanya-God nor can go out of own godism.

The omniscient salvation achieved supreme souls are directly watching all the time this present state of every soul. Therefore, you should also understand this universal fact and recognize that you are also a form of the Chaitanya-God.

From the time immemorial you have not gone out of the circumference of your own Chaitanya-God. Now you have to show the power of your infinite manhood in removing the strip of perversity tied on your true knowledge-vision. Then only you will visualize the whole world as crystal clear and will enjoy your godship for the entire endless period

You have been observing the activities worshipping, devotion etc. Day and night but all these would cause the lower world but how? Oh noble soul, you are accumulating pious qualities but on having them, becoming maddened in egoism, you would destroy them all.

If you don't try to achieve your Chaitanya-God; your pious virtues would become the cause of your destruction in due course of time. If pious virtues are in store, they become harmful to the spirituality due to forgetting chaitany-one & by tradition are the reason for the lower world. Therefore get up and move beyond the confusion of these virtues and vices; see your Chaitanya-God; your only duty is this in present human birth.

Oh noble soul, from the beginning-less time, by acquiring some virtues, getting birth in a noble family & in the whim of false pride, you are destroying your Chaitanya-God. Therefore oh noble soul, at least, think over this matter in this present birth that whether the bundle of water is possible? In same way, these virtues are such bundles that would destroy soon & you will reach again in the endless depth of lower world where you made your start.

You should understand very well that the favorable and adverse worldly material circumstances, in fact, can't make you harm or feel good. If you feel so, the only reason for this is your delusive formed wine drinking



and because of this, you are not able to renounce your childish attitude. If you discard this delusion, this world would be seen to you clearly in your viewpoint. Then your inner vision would be fixed on golden god state of your own. Now you will also feel no pleasure in any worldly activity and will enjoy infinite pleasure of your own Chaitanya-God forever.

## Chapter 2

### Atomic freedom

As an atom is independent one with huge amount of energy likewise yourchaitany [soul] is also independent one with infinite energy.

As an atom forms bondage with others, likewise a soul also make bondage with other substances/matters and the resultant is your this birth.

An atom is everlasting and eternal has huge power similar is the case with you; what you see yourchaitany is a compound of soul and matter only.

Scientifically you know that an atom of oxygen reacts with two atoms of hydrogen produces a new substance called water. Similar is with you.

Although these atoms are present in water for millions years, yet their separate identity & physical, chemical properties are not lost at all

Likewise you& the visible body are kept together since time immemorial, yet your infinite powers & properties are not lost as you are Chaitanya-God.

An atom is so small that one gm. Of oxygen gas contains millions & millions of atoms having huge amount of atomic power in it.

You also know that your soul is a wonderful creation of nature. Therefore, it should also be everlasting like a tiny atom.

Your soul is much-much bigger than an atom; it should contain millions & millions times more power than an atom. Yes it is so.

## Chapter 3

### Chaitany freedom

To become chaitany-realised, chaitany renounced god soul, and you have to liberate all your passions. Freedom from worldly attachments is your chaitany proven right.

There could be the state of everlasting happiness and you can achieve it, as you are the emperor of the three worlds.

Inside your soul since beginning less period, you lost nothing & gained nothing in 8.4 million birth places.

Think about your gains & losses now.

You took birth in 8.4 million birthplaces innumerable times & whatever you visualize are your birth form photographs of your Chaitanya-God album.

After acquiring supreme status, all living being be released or get deliverance from sorrows, pains & engrossed in blissful pleasures eternally.

In this world every body wants to have enjoyments even by forgetting own chaitany and for this, he makes many attempts. Is this true and correct? Can anybody be happy by forgetting himchaitany? Who are you? Do you know yourchaitany? Kindly pay your attention on this aspect also for a while.

In this world, every living being wants happiness & tries to be away from grieves. He faces many afflictions in his attempts of getting pleasure.

During your whole life-time, you face poverty, richness, childhood, youth and old age and also hunger, thirst, sickness etc. But why? Although there may be some virtuous time but normally you face grieves, pains due to your vanity, proud ness, respectability and chaitanyishness.

Generally, it is seen that almost all persons take themselves to their body forms only but think how small is age of this body in universe.



You have taken birth again & again in 8.4 million modes of birth places infinite times with grieves, not understood mistake & thus suffering pain

Don't you feel uneasiness that you will be no more after very small period of few decades? Can this be the path of happiness, power & peace?

You will vanish after a little time. Is this the presumption of satyam-shivam- sundaram (truth-god-beauty)? Can the truth be so ugly? Pl. Think. Are you not committing any blunder in estimating, understanding and adopting the real state of affairs of your own chaitany? Can this be true?

Whatever you see in this world, it is temporary & not everlasting and hence all that is not truth [satyam], not eternal [shivam / god], not for welfare of the people [ sundaram / beautiful ].

In actual sense, you are simply not a human body. You are the supreme soul, eternal, infinite chaitany god possessing endless pleasures all times.

You are accumulation of innumerable virtues, an ocean of infinite energy, master of all the three worlds, immortal being & are chaitany god.

You are free from birth and death, supreme being chaitany god, therefore you yourchaitany are the only truth. This world is destructible one hence a false one.

The well being of one soul is possible by the other chaitany god, therefore you only have auspicious godship. Besides this, you are always eternal and therefore you will go for welfare of others. Thus you are beautiful too. In this way, the establishment of truth, god and beauty is within you since immortal time for the endless period. Thus you are king of the universe.

Oh holy soul, what ever living beings you are looking at, they all have taken innumerable births and deaths in all body forms in this world. At what ever place you go, there also, you have taken birth and death infinite times in this world. In this way, whatever is seen to you, all such characters have been played by you infinitely on this worldly stage. As such what ever you visualize, they are the photographs of your own soul. It means that the whole world is the album of your soul only.

By accepting the eternal truth, your infinite strength which is moving out worldly will establish your inner supreme god of ultimate pleasure.

Empower your own-chaitany with endless divine strength, limitless peace, unlimited pleasure, infinite timeless knowledge of all the three worlds.

What is the definition of religion? Religion (dharma) is derived from verb 'dra' which means to acquire your own power and properties. You are the Chaitanya-God, therefore to know, to understand and to conceive your everlasting own chaitany i.e. Your eternal Chaitanya-God is called religion.

You are not taking the concept of your own supreme god, therefore you have been taking birth again and again endless times.

You took round in 8.4 million body forms since the beginning less time and the same is continuing till now. How to break this cycle? You live proudly in beautiful big houses, but have you thought that these are burial grounds of infinite living beings.

One, who has got detachment from this world, feels unbearable bad smelling in all the substances of the world.

Your earned capital, if remains with you for the eternal time, then it is your real saved capital. This type of capital will be available to you all the time in the form of infinite auspicious virtues.

It is a matter of great sorrow that which infinite wealth is yours, you don't regard it yours. World is not yours & impossible to be yours; you spend your whole life in planning to achieve something & in end will leave this world.

No body of this world knows, in which corner of the three worlds you will take a rebirth. Then what to do? Therefore, even now, recognize your true salvation achieved capital and enjoy the unlimited bliss for the endless period.

Whatever the worldly activities are happening, all these are happening desire-less without any kind of attachment.

Oh human soul, all the worldly substances contain the impurity of your passion, impurity of your attachments.

The true salvation seeker is always involved in an attempt to run away from these worldly involvements. As long as he does not achieve the chaitany-consciousness adorned with grandeur, he does not feel easiness anywhere.

The worldly activities are not happening for any particular person, place, thing, all the substances, insentient matters, religion & non-religion.

Substances/matters simply pass or change but at the same time, remain always in their natural form. This is a living beings entity or spirit, which changes its natural form making unsuccessful attempts of mingling one matter with other. Because of this defective attitude you are wandering in four fold motions of hostilities in the lower world of plant and animal kingdom. Sad-guru, knowing this very harmful mistake of human soul, provides his supreme preaching with kindness for the welfare of all living beings

Oh human soul, still there is some time left, if you do not fulfill the endless thirst of your inner soul, it's your own fault .therefore you should try to remove your immemorial faults& achieve your everlasting prosperity & happiness by becoming lord of the three worlds.

The living being who has become tired by wondering in this world & to whom this world seems as an ocean of pain; he will soon achieve his chaitany god-ship.

Oh righteous person, you are always thinking of foreign matters i.e. The worldly matters & this is the only reason of your bondage to pains & sorrow.

You can never go out of the territory of your own Chaitanya-God, but you are longing for foreign means (other entity), which you can never achieve. This is only your illusory attachment for the foreign matters, which is the only reason of your wandering in this world.

You always have eternal unlimited pleasure in your own chaitany, but the pain, you are feeling, is due to the desire for enjoying the other entity means the other matter.

One thing you should not forget that you are always living in your own-chaitany and you are always perfect with all your eternal infinite powers.therefore, having gained such ultimate knowledge of your Chaitanya-God,



simply engross yourchaitany in your own-soul i.e. Your Chaitanya-God.

As is the appearance of the infinite salvation-achievers, omniscient; so is the appearance of mine & at present also, there is no impurity in me.

I am the perfect soul even in the present state also. No work is due to be done in me. That i am, so i am.

All the body forms are taking place, coming and going. I am only the knower and viewer of all the options with a vigilant mind.

After liberating the worldly passions , be engross evidently in your inner thoughts, then you will achieve the desired one i.e. Your own Chaitanya-God.

Every activity on earth is a manifests of liberation & non-attachment eg. Sun-light, rains, air, grain production, changing of seasons, flowers etc.

From today onwards, try to earn your soul based property, so that it will remain with you for endless time & will make you lord of three worlds

You will get pleasure, during earnings of soul based property as soul-path is a path of eternal happiness. Here, there is no shadow of sorrow. Now rouse your consciousness & become Chaitanya-God, achieve Chaitanya-God and adopt Chaitanya-God to obtain eternal pleasure for the endless period.

Oh holy soul, don't try to deceive yourchaitany now onwards. Feel the flame of worldly fire and make true attempts to achieve spiritual strength, as there is no lacking anywhere.

Oh spiritual one, you are also pure all the time, but you are feeling pain in this world. therefore, leaving the attachment of this body, get your own spiritual pot baked in the burning flames of this worldly furnace.

Oh human being, whenever you read some sentences or paragraphs in a book and get some knowledge, kindly think; have you got it from that book? If you accept this theory then, that book can be termed as a learned one & you an ignorant. But a book is insentient & knowledge exists in conscious power only. Oh brother, infinite, knowledge is existed in your own Chaitanya-God. Some portion of it has appeared on the surface due to the motivation of a book. The ocean of knowledge is within you and you are living in it just like a fish, but you

regard yourchaitany ignorant, wretched & feeling sorrow. This is your wrong conception and perversity. If your Chaitanya-God comes out of knowledge water, then immediately it would be dead, but you are still conscious.

You always live in your Chaitanya-God's knowledge-water, and do not come out of it even for a moment; neither came earlier nor will come ever. If you admit this fact or accept this reality, you will recognize your conscious power; then only you would achieve your supreme state for all times.

From the time immemorial, this human being is slave and not freed due to his misconception and is tied in the box of this human body form.

You have got much attachment with this slavery of human body form. Break this tie of slavery & become free as freedom is your chaitany proved right.

Oh pious soul, you are forgetting your infinite qualities grabbed under the worldly attachments& got punishment to stay in this world from the beginning-less time.

You should now plan to destroy these karmic aggregates. The dreams of your pleasure & peaceful salvation-fort must be conceived by you.

If you are a true seeker of salvation, then the supreme being sad-guru will take you with him to top of the world after cutting all your karmic bonds.

Oh holy man, from the time immemorial you have been wandering in the four reams of life, and taking births in the 8.4 million modes (body forms)

Like a liberated kite, your soul is swerving here &there. Don't you have any knowledge as in dilemma, you are allowing your soul-thread to cut? In this human birth, once again an unprecedented chance has come to you. Now you decide confidently whether you require yourchaitany or not. If you want Chaitanya-Godship, then with great reverence entrust yourchaitany to supreme being (sad-guru) and become simply the learned-vigilant one. When sad-guru asks you to loose your state of dilemma, do it& again when he orders you to control or pull the state of uncertainty of thoughts, then again do this. Sad-guru will soon cut all your

wrongful karmic tangles & you will become the Chaitanya-God of this enlightened sky of deliverance.

A true desirous of liberation is tired of wandering in birth cycles & there is no hope remained of getting some thing else in future also.

A real desirous of liberation becomes very distressed & despaired, hence wanders here & there for true happiness.

Sad-guru preaches that you are supreme being, master of three worlds & infinite virtues, founder of infinite power, the ocean of infinite pleasures.

A noble soul with great attachment pays reverence on sad-guru & takes resolution to get liberation from taking births in this world.

Oh holy soul, at least today take this decision, whether you are eternal non-destructible natural pleasing element or bodily state taking birth every time.

If you take your chaitany as non-destructible, then do observe this non-destructibility and the eternal ultimate pure matter of active godship.

You are non-destructive conscious one & active supreme god and if your viewpoint is concentrated on this you will achieve your Chaitanya-God.

If you try to achieve your active god, emancipated state or salvation mode will soon appear. This is the state or mode of reactive god.

The reactive god possesses unlimited properties like omniscience, omni perception, infinite bliss, omnipotent etc.

The subject of your viewpoint should always be fixed only on your active godly nature only by discarding or leaving all the options.

To engross on your godly active nature constantly is your ultimate liberation. Observing any other else, your worldly activities will not be finished.

Whatever decision you like to take for obtaining Chaitanya-Godship, do it immediately otherwise you may not get time as this human body is like a water bubble.

Oh holy man, like a wet wood, you have committed many-many sins, & the bundle of karmic matters have become larger, but how to destroy them? If you have keen interest to know your chaitany & to recognize you;



this fire of your deep desire would burn all your karmic matters to ashes. Therefore, don't keep your vision on karmic matters, but keep it on your eternal super conscious form i.e. Your active-god. There was no impurity in your active-god in the past, there is no impurity presently and there will be no impurity in future also.

Your active-god i.e. You yourchaitany are pure, pure & pure Chaitanya-God in all the three times of all the three worlds.

This soul is suffering endless grieves since the beginning less period and still there is no end of your sufferings. What may be its cause? Please think for a while.

The forest fire gets burnt by itchaitany and simply destroys the whole forest. In the same way, why your karmic aggregates are not getting burnt?

The sparks of preaching of spiritual teachers are striking your karmic aggregates constantly but they are not destroyed since beginning-less period till now. You are watering this eternal karmic grass with water of desire and attachments. Therefore, sparks of sad-gurus, the spiritual teachers are becoming fruitless. Therefore not from today but from now onwards, root out this attitude of desire & attachment completely which nourishes this world & ruins your Chaitanya-God.

By not involving worldly matters evidently, you will become a true knower & viewer and your all karmas will be burnt by the preaching of sad-guru. Then key of the fort of salvation or deliverance would come into your hands & you will enjoy your own powers, happiness for an endless period.

Oh, this human soul is capitates with the network of intricacy from the endless time. Due to this, he is facing countless grieves in this imprisonment. He has tried many times to get relief from this imprisonment since the beginning-less time but due to his negligence, he is cutting the thread of these intricacy/complexity one by one. In this way, cutting of countless threads is impossible and the period of present birth ends causing the network of intricacy becoming more and more strong. Therefore oh holy soul, now, in this birth, keeping the attitude of evident knower and visualizer,

make your inherent vigor strong. Then your vigor will create the whirlpool in which all the network of intricacy or perversity may be attracted centrally & be destroyed itchaitany. Thus you will become the enlightened Chaitanya-God and will rule over all the three worlds.

Oh, elegant soul, please try to understand this carefully. The cow does not differentiate between sweet food and grass, and simply eats both of them. In the same way, oh holly soul, you also adopt both worldly pleasure and sorrows in instinctive natural way, discarding their delusive desire.

If you keep your vision on your own ultimate pleasure, absolute pure supreme Chaitanya-Godship, then all the karmic bondages shall be destroyed by themselves.

Then you will get the apex seat above the three worlds & would become all powerful (omnipotent) like infinite other gods & will live with them for the endless period.

Oh noble soul, make a consideration for a moment; who are you? What is your own form or nature? From where have you come? Where will you go?

If you make deep thinking, then you will find that you are not this body form, but the super Chaitanya-God, living all the time & master of the three worlds. Then you will realize that you are the pure and sentient or conscious one and the master of endless auspicious virtues.

Further the hidden boundless power is possessed by your every virtue & you are the king of all virtues. But all these infinite virtues have no entrance into the enlightened fort of your supreme god.

Your army of infinite auspicious virtues has the existence because of you, the Chaitanya-God. If somebody assumes that due to infinite auspicious virtues, your enlightened king exists, then this is not correct. Therefore, discarding all these doubts, accept this power of sovereignty and enjoy it till the endless period.

An unknown person puts a danger board on a particular road. You follow his instructions. You believe him & praises his sincerity. The omniscient god's reverential, preceptors and saints advise spiritually the worldly inflicted one not to continue his life on this path. The worldly inflicted slippery path would lead you to the darkness of infinite hellish deepness of nigod (a very-

very lower place than the hell). Then why are you hesitating so much to follow the instructions of your respected omniscient gods, saints? It proves that you don't believe the guide lines of these saintly persons as you do with an unknown one.

Get the shelter of sad-guru otherwise you will find your chaitany endlessly staggeringly in infinite hellish deepness for countless period.

Due to inability in seeing the conscious one, i.e. The Chaitanya-God; whatever you see is lifeless, conscious-less and dead one.

Yet this human being falls in worldly attachments forgetting own godly conscious soul & therefore is attached to this world. This is a great blunder and shameful thing. The punishment for this worldly attachment is very hard. It would get you to wander in 8.4 million body births forms of plant & animal kingdom and further to the lowest form of birth place i.e. Nigod. In the knowledge-river (gyan-ganga), knowledge-nectar is flowing all the times. No time obstacle comes in its way. There may be any birth or destiny, it may be sub-human or human or hellish or celestial destiny but there is no obstruction in chaitany-realization.

All the sad-gurus are always trying mercifully to turn you towards your own-chaitany & making you Chaitanya-God all the time.

The center point of all your activities should be only to achieve eternal infinite pleasure by becoming Chaitanya-God.

You should take an oath that you will let your human body to finish only when work of meeting with your supreme spiritual Chaitanya-God will take place.

Oh spiritual Chaitanya-God, you do not know whether this birth is last human birth of your mobile livings birth cycles. Therefore do not waste this human birth & leaving all worldly enjoyments; make your chaitany busy in meditation of your revered, supreme Chaitanya-God.

Before end of this human birth, try to achieve your life saving god of knowledge; the omniscience so as to make your birth an auspicious one.

It is said that after sinking in water, one comes over surface of it at the most 3 times ; if saved, it is his good



luck; otherwise he is sunk completely. This sinking soul also gets max.48 human births during state of mobile beings & then he is sunk for endless time in this worldly ocean. Expressing this with great pity and sorrow, sad-guru preaches,“oh human soul, do you have any doubt on the supreme ultimate omniscient gods”. You are not accepting this fact internally & still hoping that you might be saved while all other worldly living beings are sinking regularly.

## Chapter 4

### Universe

This universe is so large that space scientists have discovered at least ten thousand planets like our earth where life could be found.

In our milky way, there are many times bigger suns than our sun & light rays through these stars take millions of years in reaching our earth.

Ray of light travels ten thousand millions kilometer in a year. Now you can imagine how far the stars are from us & how large this universe is.

This universe is so large that thousands of milky ways like ours are present in it & our earth is so small that it looks like a drop in the ocean.

Our human body and its hundred years life span seem how small when our earth is just like a drop of the ocean to this very large universe.

Can any living being become so bigger and stronger than this universe ? Can you also become god ? If so, how ? Kindly think about this deeply.

The world has a rise (birth) & as per law of nature, one who has birth, his death is also certain. Hence this world is also destructible.

In this deadly worldly forest, a very dense darkness of ignorance is spread allover with deadly noises of wild animals & you are unable to see your own-chaitany. In such a dense forest, oh human soul if you are left, what would be your condition? Becoming very terrified, you would run here and there. The darkness in worldly forest

is so dense that you are not able to see even your hands & frightened that some wild animal may come to eat you. In that deep worldly forest, if somebody has drunk too much wine, he would fall down being unconscious & may think enjoying pleasures in his dreams. Then in a very short time in that deep forest, any wild animal coming from somewhere would finish him by eating.

This earth is a very dark worldly forest as directly visualized in godly omniscience. If you have reverential faith on them accept your this real status. By renouncing this passionate wine, experience your condition in this worldly forest. Then, you will also be simply perturbed like infinite Chaitanya-Gods.

In this worldly forest, like infinite solvated supreme beings, you will also be perturbed and then will begin to cry, "save me, save me". Hearing your horrified crying in worldly forest, a sad-guru passing over there, would come & take you out saving from that deadly condition.

He will then turn you as a traveler of the supreme path to salvation palace and would entrust immortal power of infinite bliss of Chaitanya-God in your hands.

In an earthquake, all the family-members, intimate friends & others of a person died and all his property has destroyed. What will be his condition now? After earthquake, this world for him becomes like void as all of his creations have been lost. Now, with whom should he make love or hatred? After earthquake losing all, if the hope of getting something in future is also ended, then his attention to the world is also diverted.

Digesting the preachings of sad-guru, recognize your Chaitanya-God which is a precious treasure as nobody can steal or loot it and seize it.

The numberless supreme salvation achieved ones were afraid from this world and after renouncing it, they took the shelter of supreme spirituality. Therefore, you also discard soon its attachment and enact with your own soul, then only you will have your well-being.

Store of virtues are like a boat of gold where you employed iron soldiers for your safety, they would drown themselves along with you also for next indefinite period.

Oh noble soul, you walk very proudly on the neat and clean road but do you know that this cleanliness has

been performed by killing how many mobile beings? You live very proudly in the beautiful big fort like houses, but have you ever thought that these are the burial grounds of infinite living beings and you may also have the same destiny.

Oh noble soul, in your previous birth, you had accumulated many virtues. Therefore in this birth, you have possessed such prosperity, wealth, house property etc. Oh, all this is like you have earned some bread in your previous birth and the same have become stale by now. At present, you are enjoying or consuming them in this birth & you feel great proud also.

You are grinding your food grains without getting it cleaned & not even saving the life of mini/micro living beings. Have you ever thought about these matters? You are living in a house bigger than your need and feel great proud, but, have you ever thought that in getting them built, how many living beings staying in that land were killed? Oh, these big buildings are the burial grounds of infinite living beings in which you are sleeping happily. Still you have not thought about this, then now start thinking. Otherwise as the present living beings had not thought about this matter in their previous births and are now under the earth; in the same way in future you will also meet the same destiny and suffer like this.

## Chapter 5

### Universal brotherhood

If you donate a dollar, you will get a million one in your coming birth cycles at better places. This is the best deal you could ever make.

If you help weaker, poor, wretched & distressed people, you are helping your chaitany only as you are avoiding your such future births numerous times.



All creatures, all human beings are alike, because all are supreme Chaitanya-Gods, but how? The empire of pleasure can be established in this world, but how?

All human beings are your brothers and sisters without any caste, color or creed as they were your affectionate in earlier births you had.

Every citizen has the right to become president of that country. Similarly in sphere of spirituality, every human being has right to become god.

If you help poor, sufferer, sick ones, you help your own chaitany by avoiding your such births millions times thus they give chance for your help.

Now onwards leave to earn money by doing hard labor but try to earn as much money as required to run your family life satisfactorily. Further, try to save some money for others also & use it in providing help to wretched & distressed persons.

The wretched and distressed persons also have the same birth-forms as you have earlier of your own-soul & it is your duty to help them.

Wretched and distressed persons are an album of your own-soul as in these body forms also, you have taken births many times.

From today onwards, in the remaining period of your life, try to earn your soul-based property, so that it will remain with you for ever all the times. You will get pleasure in your earnings also as soul-path is always the path of eternal happiness without shadow of sorrows.

A seed of a fruit plant yields millions of fruits. Similarly multi-millionaire of today have donated a dollar to some one needy in their previous birth.

You find various type of living beings in world; some in plant/animal kingdom & some human beings having different fortune & fates, why so?

In the knowledge of the supreme omniscient one, the condition of worldly human soul has been lively depicted here-in.

In your soul, you have not ripened your chaitany-pot in furnace of worldly attachments & made it pure by burning garbage of delusive wine. That is why your all activities of devotion, worshipping, religious

observances etc. To achieve almighty Chaitanya-God are becoming useless.

Oh holy soul, don't try to deceive your chaitany now onwards. Feel the flame of fire of Chaitanya-God and make true attempts to achieve spiritual strength.

The world furnace is also on fire all the times and the true ultimate knowledge river is also flowing continuously. Now achieve your Chaitanya-God soon.

Essence extracted sugarcane is useful for animal's eating. Similarly without essence of your Chaitanya-God, your body is an aggregate of bones & skin.

Every soul is proud of his human form & is busy in keeping this body clean & fit and also to enjoy the world but how long as it will destroy soon. Oh holy soul, think over it whether your all attempts would be able to save this body? Then what to do? You chaitany are busy in destroying your own identity for indefinite time & soon you will move in the lower world of plant and animal kingdom.

A living being, who feels only pain in worldly attachments and sensual pleasures, perhaps can bring about his chaitany-enlightenment.

A living being who considers his deliverance in observing vow, austerity, treatise, worship etc., the preceptors express distress about him.

A human being who is perturbed from the worldly sensual pleasures, family attachments or delusions can only obtain his Chaitanya-God.

The first ladder of deliverance is non-attachment only from the worldly passionate disorders and not simple devotion, austerity, worship etc.

Who has renounced five sensed worldly pleasures & not getting tranquility anywhere except in the matter of spiritual soul is a real desirous of Chaitanya-God.

Now he is the true person to get salvation or liberation and very soon, he would possess great treasure of the world & blissful supreme Chaitanya-Godship.

If you have no detachment from worldly passions, then mind this fact that you are neither going to get merits formed cake nor oil of spirituality. Therefore decide your future activities as after a few further births either you will achieve your Chaitanya-God or you will again go to lowest form of birth places (nigod)

In nigid you have spent ocean full time since beginning-less period; whereas in 8.4 million places of lower world of plant & animal kingdom a drop of this ocean.

Make you complete attention towards the supreme enemy form of misconception, only then you can think of your well-being i.e. Chaitanya-Godship.

The ultimate truth is declared infinite times by countless supreme enlighten elevated Chaitanya-Gods that yiou are also one of them forever.

Kindly evaporate all your polluted harmful matters in the worldly furnace to keep full concentration on infinite deepness of your inner soul.

The worldly furnace is constantly blazing. It is the concern of getting into chaitany consciousness, then you will destroy all your worldly impurities.

Being fascinated on your family, intimate friends, wealth, property, luxurious items etc, don't use them as these virtues will be destroyed soon.

All these meritorious materials will gradually be destroyed and soon this human birth will also be finished. Then you will have to go in the birth cycle of living beings moving in the rotten and decaying materials of lower world of plant and animal kingdom. Therefore, now onwards take care of yourchaitany at least once and assume that your real relatives, well wishers are ultimate salvation achieved supreme Chaitanya-Gods.

Ultimate salvation achieved supreme Chaitanya-Gods are showing you the path of solitariness to live together for infinite period with everlasting pleasures.

From the time immemorial,this human being is afraid of the wrongful perceptions he also tried numberless times to overcome the mountain of perversity.

You possess the power to see & know clearly present, past &future & 3 worlds from your knowledgeable vision but you could not succeed till today, why?

Oh elegant soul, whatever attempts you have done till today to achieve your own powerful god; they all have been done in the opposite direction. Now in this human birth,you have to perform such a great work you never done till now. That is keep your motives towards natural blissful conscious Chaitanya-God.



You have to continue your on-going journey opposite to the mountain of perversity. Then your vision would be broadened and would be on your infinite vitality.

Soon time will come when mountain of perversity will completely invisible & in your blissful state, you will start floating above this universe.

The space in universe is completely filled-up with living matter of nigod & no portion is left empty. All space scientists should verify this.

The human soul takes his benefaction in doing & not doing the activities of virtues & vices (sins) but infect he can't go out of his limit of the axis.

If you only once make a manly attempt of removing the bandage on your eyes, then the metaphysical state of knowledge would be crystal clear.

A stupid ox of a mill keeps own arrogance thinking it has walked a very long distance not having the knowledge that strip of cloth is tied on its eyes. He has the false arrogance of power and continues the rounds of the mill without being perturbed. Oh elegant soul, a bandage of cloth is also tied on your eyes. Therefore, you are not able to see the reality.

By observing activities of devotion, worshipping etc, you are showing false exhibition of your power resulting making round of 4 grades of worldly life.

You think that by doing activities of worshipping etc, you are accumulating merits but in reality, you are thus generating round of 8.4 million birthplaces.

Whatever merits you acquire, all ultimately lead towards sins & would cause great sorrows. Therefore such virtuous acts are also taken as sinful acts.

You will find that every worldly soul is taking round of his Chaitanya-God as center & he neither goes out of own Chaitanya-God nor can go out of own godism.

If a man wins a lottery of ten million dollars, he loses interest in worldly enjoyments like eating, drinking, strolling, friends, relatives etc. Then the whole worldly life seems to him empty & unoccupied in view of big lottery amount & he becomes eager to possess it immediately.

The sad-guru with kindness & benevolence explains that you have got this human birth, Chaitanya-God intimation & real truth of this elementary world.

Sad-guru says that this human birth is a lottery ticket of infinite happiness, pleasure. Therefore don't waste it in momentary worldly pleasures. Why are you not going to get this ultimate treasure lottery ticket encashed as you are wasting your time meaninglessly here and there. Then there is no other bigger solid fool than you. Therefore don't waste time, get up at once to make this human birth useful & meaningful.

On winning ten million dollar lottery; his lottery amount remains in his view all the time unless he receives that money from the authorities. Before getting lottery amount, he only visualizes the ten million dollar even at eating time, drinking time, sleeping time, in dreams & also with family. Soon he keeps himself busy in preparation of journey and then goes to receive that money and after getting it, he starts living happily. Oh pious one, infinite times more larger treasure amount than this \$ ten million is being given to you by sad-guru through his hands.

Why are you not believing the venerable sad-guru's. Now onwards till you do not get this infinite treasure of own-chaitany, you should not take rest. If it is not so, then why are you working day and night for getting some miserable money and pleasure? Your act is like one as some silly boy on trembling with cold, throws diamonds in fire pit in place of coal to get heat. Oh human being very soon this most valuable human birth like diamonds will be ended and again you will go to animal & plant kingdom of lower life. Therefore, be conscious, brother and make this human birth an auspicious birth and don't take rest till you achieve your godism i.e. Your own Chaitanya-Godship.

A cow which gives milk; normally people keep that cow with them, otherwise all other cows are left to be finished. In the same way, this human body, if it is the medium of acquiring Chaitanya-Godship; should be possessed. All other bodies will be destroyed soon, even if you wish to save them.

Oh, this cow formed body will be destroyed one day. Even then, if this is helpful in acquiring spiritual knowledge or you have any such expectation, and then keep this body with you, otherwise leave its attachment.

You like this or not but this body will be destroyed one day. Then why are you causing harm to your own-chaitany keeping attachment with it? From the time immemorial till now infinite period has passed. Since then, if you have witnessed any example that some one had saved his body, tell me that.

Oh brother, why do you keep attachment on the substance, which is going to be destroyed by the theory of changeability very soon? Still if, you are keeping attachment on it, this means that you regard yourchaitany as a solid body only.

The parrot listens millions of auspicious matters and pronounces 'Chaitanya-God - Chaitanya-God', even then the cat eats it up why? In the same way, you may also pronounce - 'Chaitanya-God - Chaitanya-God' but since you have no realization of yourchaitany, therefore all is useless. Hence you will soon get the punishment on misleading your own-chaitany and again you will be lost in the infinite deepness of sorrowful nigod for indefinite period.

A queen has all the worldly resources, but due to intense anguish of solitariness, she feels very perturbed as her "conscious king" was not with her. Oh holy soul, you are also away from your lord, the ultimate enlightened Chaitanya-God from the beginning-less time. But you are enjoying the worldly affairs & living happily within it instead of being grieved & troubled in the absence of your Chaitanya-God. Therefore just imagine, where your this very shameful act will take you. Oh elegant soul, make a deep thinking on this also for a while.

The queen is carrying-out only one work & that is to send message to her king through this human birth, "listen to my humble appeal and accept me now". Oh human being, your only duty in this human birth is to acquire your supreme godship; the omniscient of three worlds.

This soul comes out from the lowest world (nigod) into mode of mobile livings maximum for two thousand sagars only (one sagar means countless years). In mobile mode, this soul moves again & again in life cycle of 8.4 million birth forms & during this mode, maximum number of human births can be 48 only.



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**डॉ. स्वतंत्र जैन**

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**डॉ. स्वतंत्र जैन के प्रति**

**लोगों के हृदयोदगार**

**तथा स्नेह पूरित भावाभिव्यक्ति**

**Kripashankar Pandey**

डॉ०साहब ! एक वीतराग सन्यासी जैसा गहन आध्यात्मिक चिन्तन और एक महान कर्मयोगी की तरह नरनारायण की निस्वार्थ सेवा..

आपके व्यक्तित्व के इन दो पहलुओं ने मेरी दृष्टि में आपको एक सच्चा महात्मा घोषित किया है..

आपके चरणों में मेरे प्रणाम निवेदित हैं..!

हार्दिक कृतज्ञता..! अहोभाव..!!

मेरी शुभकामना है कि आप ऐसे ही गीतोक्त कर्मयोग के मार्ग पर चलकर स्वरूपस्थ हों  
...!! ॐ.....!

**Mangilal Chandan**

श्रीमद् जी तो दूसरे महावीर थे.

इसमें कोई संका नहीं, कोई सनदेह ही नहीं !

बहुत ही सुन्दर लेख लिख कर आपने लोगों को जागृत किया हैं

धन्य हैं आप Dr स्वतंत्र जी

आपकी विचार श्रेणि अति उत्तम हैं

आपकी विचार धारा आत्मा से परमात्मा तक पहुंचाने में मार्ग दर्शक हैं

आदरणीय पंडितजी श्री फुलचन्दजी शास्त्रीजी की तरह

आप के भी उच्चविचार हैं

खूब खूब अनुमोदना



[Poczta kwiatowa bydgoszcz](#)

June 1, 2017 at 1:44 pm

Undeniably believe that which you said.

Your favorite justification appeared to be on the net

The simplest thing to be aware of.

I say to you,

I definitely get irked

While people think about worries

That they plainly don't know about.

You managed to hit the nail upon the top

And defined out the whole thing without having side effect,

People can take a signal.

Will likely be back to get more.

Thanks

[Manu Bharradwaj](#)

साधुवाद महोदय !

आपकी हर पोस्ट मानव उत्थान की है।

ईश्वर सदा आपके साथ रहें।

[Anurag Goel](#)

आपका कार्य बहुत प्रशंसनीय और अदभुत है और हम सभी को सामाजिक सरोकार की प्रेरणा भी देता है

आपकी लगभग सभी पोस्ट मैं share करता हूँ और

यथा सम्भव उसका print अपने institute में भी लगाता रहता हूँ

आप इसके लिये बधाई के पात्र हैं

कृपया pdf मेरे id पर भी भेजने की कृपा करें जिससे ज़रूरतमंदों को उपलब्ध कराई जा सके धन्यवाद

[Abhishek Jain](#)

5 star\*

अद्भुत है डॉ॰ साहब,

आपका यह एक महान कर्मयोगी की तरह नर-नारायण की निस्वार्थ सेवा

तथा एक वीतरागी सन्यासी जैसा गहन आध्यात्मिक चिन्तन.

[Sulochana Dagli](#)

Dr.Sahib

Paranam

aapko hardik badhai

aap ek Adhayatam jagat ke ek Tejesvi Prakash Stambh hai

aapke nishara me hum sab prakashsit ho rahe hai

aapka yai karya hum sabko adhayatam punj se bandhe rakh raha hai

aap hamare aadarsh hai

[Mangilal Chandan](#)

बहुत ही सुन्दर लेख हैं

धन्य हैं आप

जैन धर्म के रत्नों में आप भी एक

रत्न हैं ....

डॉक्टर स्वतंत्र जैन

प्रणाम सा.

[Poczta kwiatowa radom](#)

May 31, 2017 at 5:22 pm

If some one wishes expert view concerning running a blog afterward

I propose him/her to pay a quick visit this web site,

Keep up the nice work.

[Swami Roopam](#)

बहुत ही हृदयगामी

प्राञ्जल

शिक्षायुक्त

सर्वकल्याणी

बौध प्रदाता

और क्या क्या नहीं ?

वाह यही है सत्य ।

इसीलिए राजा लोग नंगें ही पाँव चल कर महात्माओं का सानिध्य पाने जाया करते थे।

[Dinesh Chandra Shah](#)

डॉ.साहब, आप पञ्च परमेष्ठी का स्मरण करते हैं,

ज्ञायक में रमण करते हैं,

मिथ्यात्व का वमन करते हैं,

इसलिए मैं आपको नमन करता हूँ ।

## Poczta kwiatowa 24h

May 31, 2017 at 4:59 pm

I enjoy the efforts you have put in this,  
Appreciate it for all the  
Great posts.

## Rana Thakur

Sir aapki post or jankari ko Mene bahut se ese logo ko batya he Jo doctor ki fees na de pane ke Karan bacho ko na dikha pate the. Nimonia jesi Kai binaries sahi ho gai he sir. Sabse pehle to Mene hi apne bête ko diya tha treatment. Bilkul sahi ho gya aapka bhut bhut aabhar mere or mere jese logo ka. Kal ek bujurg ko khasi ki dava lakar di Badi Kush thi aaj mili. Boli beta meri khasi sahi ho gai Pese dene lagi Me bola Amaa ji meri to bête ko laya tha, vo sahi ho gya Ab aapke kaam aa gai Aap sirf dua de. Ye hamre group ki dava he.

## Maa Tara –

5 star\*

बहुत ही सुन्दर एवं अनुकरणीय विषय जिसे अपनाकर स्वस्थ शरीर रखा जा सकता है। डॉ.साहब का अनेक धन्यवाद् जो लोगों को सही मार्ग दर्शन कर रहे हैं। जय माँ तारा !

## Kamal Kumar Johari

बार बार मन आपको प्रणाम करता है और यह आवाज आती है कि इस युग मे आप महान पुरुष है इसलिए पुनः प्रणाम

## Onkar Singh Rana

5 star\*

Bahut khoob Ji,  
kaya baat hai Ji,

Sir main bhi thoda bahut Ayurveda ka gyan rakhta hoon,  
aur logo ko batata rehta hoon Ji,  
aapki post padh kar maza aa gaya Ji,  
may Sahib Ji bless you.

**Sumer Jat Muktiya -**

5 star\*

आप समाज कल्याण के लिए जो कार्य करते हैं उन के लिए आप को बहुत बहुत  
साधुवाद

**CP Gupta –**

5 star\*

Aap bahoot achha kary Manav Sewa ke liye kar rahey h,bahoot kam  
log kartey h, sarahniy kary ke liye many many thanks

**Pushpendra Naik**

मैंने 1973 में आयुर्वेद एवं एलौपैथी से इंटीग्रेटेड स्नातक परीक्षा उत्तीर्ण की है, तत्कालीन  
वरिष्ठ प्राकृतिक चिकित्सक डा० खुशीराम शर्मा दिलकश के मार्गदर्शन में 1975 में उ०प्र०  
प्राकृतिक चिकित्सा परिषद से प्रशिक्षण प्राप्त किया है  
अपने 40 वर्ष से भी अधिक चिकित्सा व्यवसाय के अनुभव के आधार पर मैं निःसंदेह  
कह सकता हूँ कि डा० स्वतंत्र जैन के कथन से पूर्ण सहमत हूँ  
एंजियोप्लास्टी या बाईपास सर्जरी के अपने लाभ हैं परन्तु जहाँ तक मैं समझ रहा हूँ कि  
डा० जैन गैर जरूरत सर्जरी के प्रति जनचेतना जगाने का सराहनीय कार्य कर रहे हैं

**Tikendra Sahu –**

5 star\*

Bahut prabhawit hu aapki sewa bhawna se.....sahej k rakhane yogya  
jankariya aapke dwara d jati hai.bahut km log aapke jaise hote  
hai.pranam

**Vasudeo Chandwani**

मेरे गुरुजी पूज्यनीय श्री तरूणसागर जी महाराज आप ही की तरह  
ज्ञान की गंगा प्रवाहित करते रहते हैं

**Mamta Jaindaga**

Aap Bhagwan ke avatar me is dharti pr aaye ho.....  
my first God is Mahavir n second is U Sir

**Sudhir K Srivastava**



Priya Dr. Jain, saprem vande.

Aapne "SWASTH RAHO SWASTH KARO" post mere e-mail par bheja, maine ise padha.

Mai aapko kin shabdo me dhanyavad dun samajh nahi aa raha,

phir bhi aap mera hardik dhanyavad sweekar karen.

Mera aapse vinamra nivedan hai ki aap apne anubhoot prayogon ki jankari mere mail par bhejne ki kripa karte rahe, aapka sada abhari rahunga.

**Manu Bharradwaj**

धन्यवाद इंजिनियर+डॉ. जैन

उस सब के लिए जो आपने मुझे व मेरे द्वारा भेजे emails पर भेजा।

साथ ही उस सब के लिए जो आप मानवता के लिए कर रहे हैं।

ईश्वर आपको और शक्ति तथा दीर्घायु प्रदान करे।

अस्तु। पुनः धन्यवाद !

**Vikas Shivhare**

Respected sir aapne bahut acchi jankari di thank you sir

Adv. Sanjeev Abrol

Cell 9855200503

Thanks doctor sahib for this wonderful book.

I am very thankful to u.

I will forward this book to all of my friends.

Regards

**Virendra Sharma**

अत्यन्त सेवामूलक एवं गरिमामय कार्य।

इस महान कार्य की जितनी प्रशंसा की जाए, कम ही होगा।

पराशक्ति प्रेरित कार्य हेतु माँ भगवती सदैव सहयोग करें एवं आप सपरिवार पर उनकी कृपा बनी रहे।

आपका कल्याण हो।

**Cp Jain**

Aapka prayas bahot he sarahniya he.

Dharm ke kshetra me bhi aur swasthya ke kshetra me bhi

Bahot he achha lagta he aapke articles padhkar.

**Sumer Jat**

**Muktiya – 5 star**

आप समाज कल्याण के लिए जो कार्य करते हैं,  
उन के लिए आप को बहुत बहुत साधुवाद

**Sanjiv Kumar Swarnkar**

**Muktiya – 5 star**

This is a very useful and good healths information

**Deepak Ladha –**

**5 star\***

Very good service provided by you thanks for these types of service

**NandKishore Darak**

डॉक्टर सां आपके लेख तो स्वास्थ्य के लिए क्रान्तिकारी है

**Davinder Dhillon –**

**5 star\***

Very nice very much good tips

Very important & beneficial

**Vasudeo Chandwani**

भाईजी आप की कोई पोस्ट गलत हो नहीं सकती ।

हर पोस्ट से ज्ञान गंगा का अमृत मिलता है ।

**Anand Singh**

Dr swatantar jain saab ki jai ho

Bhart ka veer real hero

**मनोरंजन पाल आर्य**

डॉ. साहब प्रणाम

आपका एक पीडीएफ है मेरे पास स्वस्थ रहे स्वस्थ करे.

इस पीडीएफ के द्वारा मैंने बहुतो को उपचार बताया जिसे बहुत लाभ भी हुआ

जिसमे से ओरिसा के एक भाई का एपेंडिस ठीक किया

पीलिया ठीक किया ।

क्या आपके पास और दूसरा भी कोई पीडीएफ फ़ाइल है

क्योंकि मुझे एक भी फलेरिया के बारे में पूछा था

मैंने उसे उपचार तो बता दिया

क्योंकि एक बार आपका पोस्ट आया हुआ था फेसबुक में वही बताया है

क्या कोई और पीडीएफ है

आपके पास जिसमे इस भी बीमारी के उपचार बताया हुआ हो  
क्योंकि उस पीडीएफ में फलेरिया का उपचार नहीं है  
धन्यवाद

[स्नेहलता जैन](#) –

5 star\*

आपकी जन कल्याण और विश्व सुख, शांति और समृद्धि की भावना अत्यंत सराहनीय है.

[Dharmendra Singh Parihar](#) –

5 star\*

बहुत ही सुन्दर प्रयास ! ईश्वर आपको सफलता प्रदान करे ।

[Dinesh Chandra Shah](#)

Aap adhyatma jagat ke Dedipyaman nakshatra ho

[Raju Raju](#) –

5 star\*

Guru ji aap mahan hi ni swarth aap jan sewa kurtay hi aap ko mera  
koti koti parnaam

[Divya Jain](#) –

5 star\*

Dr sir, lakho logo ki duaye apke sath hai.

Bhagwan lambi umar de apko

[Sumit Motwani](#)

Sir me apke diye upchar fb pr dekhta hu.

apko naman jo aap sub ka sochte hai.

[Nandan Mahalwal](#)

Shadhey Dr Muktiya Ji.

SAMAJ. KO DI JANE WALI SEWA KE LIYE

HAM AAP KAA " SAMMAN " KARTE HAIN.

DHANYAWAD. BHAIYA JI

[Rohit Singh](#)

Dr sir parnam sir mai apki batai dwai 2 moth she kha RHA hu

colistrol kam krne ke liye muje bhut fayda ho RHA h lekin sir mane

blood test karwaya h avi to baki sab thik h lek in sir mera thaioraid

tsh 6.16 a RHA h Jo Jada h plzz sir muje thairid normal karne keep liye dwai btaye sir dil se dua deta hu apko ap sakchat bhagwan ho

[Pushpa Sethi Maggu](#)

Thanks for yr great efforts towards the right diection to people in this professional world

[Anand Singh](#)

Dr swatantar jain h to hosla buland h thanks

[Ashish Bhandari](#)

अंधत्व की पीड़ा। अद्भुत अलौकिक लेख।  
हम जैसे अज्ञानियों को राह दिखाने वाला।  
आपका अनंत उपकार

[Kamalakar Dhabulkar](#)

Koi Magaveer bankar kis roop me janm leta hey aur Dukhiyo ki seva karta h. Example aapka hi - Din dukhiyo ki anwarat seva hi Dharm

[रुद्र नाथ निखिल](#)

प्रिय डॉक्टर साहब नमस्कार  
आपकी इस सेवा को देखकर हृदय प्रसन्न हो गया है,  
आप जैसे डाक्टर बहुत कम मिलते हैं इस धरती पर,  
आप जन कल्याण और समाज की जो सेवा कर रहे हैं उसके लिये मैं हृदय से आपका  
बहुत बहुत स्वागत और धन्यवाद करता हूँ,  
मैं महादेव से प्रार्थना करता हूँ की महादेव और धन्वन्तरि आपको यश कीर्ति के साथ  
उत्तम स्वास्थ्य और दीर्घायु प्रदान करे

[Pushpa Maggu](#)

Sir u are truly work for the people & god bless u with good health and longevity

[Naresh Nayak](#)

Thanks sirji. aap ka kam kalyug me bhagvan jaisa hai  
Aapko or koi mandir jane ki jarurat nahi.

[Shantnu Sharma](#)

dr sar lakho logo ki duaye apke sath h bhagwan lambi umar de apko



**Kripashankar Pandey**

हे महात्मन्..! सादर नमन् और अहोभाव..!

समस्त धर्मों का चरम उद्देश्य अनन्त काल के लिये स्वरूपस्थिति ही है।

जब तक यह देह है इसके लिये सेवा ही परमधर्म है जो आपके आचरण में सुस्पष्ट है।

भगवान् महावीर की स्थिरचित्तता में भी इसी जीवन में अनुभूत कर सकूँ ;

इस हेतु आप महानुभाव का आशीर्वाद और स्नेह मुझे पुस्तकरूप में प्राप्त हो...

यह मेरे लिये परमसौभाग्य होगा...!!

मेरा पता ह.... डॉ० कृपा शंकर पाण्डेय C/O श्री लाल चन्द्र मिश्र E.W.S. 44 ,

नीमसराय कालोनी मुण्डेरा चुंगी, जनपद-इलाहाबाद उत्तर प्रदेश, पिनकोड- 211014

**M Azam Siddiqui**

Sir aap Jesé ho to sansar me koe Bemar nahe hoga

**Sk Pandey**

Is jankari ke liye aapko jitna bhi very nice thanks bola jai vah kam hi hai. Thank~~~~~s

**Jagjeet Jandu**

Dear doctor sabh I have downloaded your books and prescribing the medicine to our known free of cost as you proclaimed that we have to make india allopathic free so I am also striving a little in this direction.regards j s jandu

**Rajesh Gupta**

डॉक्टर साहब आप मानवता की बहुत बड़ी सेवा कर रहे हैं।

**Mukesh Singh**

Namaste sir..

Aapke dwara di gai jankari kafi upyogi hoti hai aur sabse mahawapurna hai aapki niswarth sewa

Jaha aaj ke date me log ek dusre ke dushman bane hain, jyada se jyada dhan kamane ka swarth hai wahi aapki ye nishwarth sewa prashansniye hai aur is kary me shayad aapke dharm ka bhi mahatwapurna yogdan hai

Aapki post mai gahanta se padhta hu.

**Yogesh Arya**

डा. सहाब नमस्कार मेरे लिये बेहद गर्व की बात है कि आप जैसे महान व्यक्तित्व मेरी मित्र सूची की शोभा बढ़ाए हुये हैं हर रोज आपकी पोस्ट स्वास्थ्य की दृष्टि से बेहद

महत्व पूर्ण जानकारी से परिपूर्ण होती है मैं आपकी सभी पोस्ट अक्सर पढ़ता हूँ आपसे निवेदन है अपनी अब तक की सभी पोस्ट कृपया मेरे ईमेल पर भेजने की कृपया करें

[Anil Mathur](#)

सराहनीये कदम है आपका... ईश्वर आपको लम्बी आयु दे

[Nitin Singhal](#)

I am doing it every day after learning it from you and its very helpful... highly recommended... thanks for all the wonderful info

[Mahesh Jaiswal](#)

जं0 साहब सुप्रभात आप को समाज के लिए इन सराहनीय कार्य के लिए धन्यवाद

[Gopal Narayan](#)

अति महत्वपूर्ण जनहित कार्य कर रहे हैं ..दिर्घायु

[Anand Singh](#)

Jain saab you are real hero of India

[Vishal Satija](#)

Dr sir It's nice and a great work for humanity ki ap Bahaut sare facts Bina kisi personal benefit k share karte h. Thanks alot for that.

[Cherry McGill](#)

ap manavta ki sew ka bot acha kam kar rhe h

[Rohit Singh](#)

Hath jodkar parnam karta hu Dr sir apko logo ka bhala kar rhe h ap lakho duaye milegi apko

[Pushpendra Naik](#)

I think that due to essence of my good karmas I have to know about you yesterday by your post on cardiac treatment. I am also an ayurvedic professional, retd. as distt. ayurvedic officer, Lalitpur, U.P. in 2011. Individually I am studying and working about Spiritual Treatment and now interested to work under your guidance.

[Hansa Rohit](#) –

5 star\*

apka prayas achha hai  
Aur logo ki duvao se jarur  
Aap safal hinge.....  
Aur achhe kaam me  
Bhagvan bhi sath deta hai  
All the best

[Vinay Vishwas](#)

Thank you Sir....Thank you very much....I am filled with gratitude for  
what you are doing for humanity.....thanks a lot..

[नरेंद्र कुमार भादू](#)

बहुत ही सुंदर विचार हैं चिरंजीवी भव सदा सुखी रहो शुभ प्रभात

[Sudhir Rathi](#)

आपके लेखों को पढ़कर सुख मिलता है

[Rohit Singh](#)

dr sar ap mahan ho bhagwan apka bhla kre garibo ki lakho duaye  
apke sath h

[Kamal Kumar Johari](#)

sir, i arrang satsang on every sunday and convey ur message to each  
participants. They are also being benifited. I shall feel obliged if u  
send me ur book to me

[B.k. Chatter](#)

Wah kya khub ati sunder salah rog ko jad se samapt karne ka aachuk  
nuskha, bahut Bahut aanumodna

[Prabhat R. Sharma](#)

Great source of life you provide to all. Well done Sir

[M Azam Siddiqui](#)

Sir aap Jesé ho to sansar me koe Bemar nahe hoga

[Dev Khandelwal](#)

koti koti dhanyvad aapka

[Kripashankar Pandey](#)

इस कलियुग में आप स्वरूपस्थिति की बात करते हैं, यह तो अद्भुत है.  
निश्चित ही आपका कल्याण शीघ्र ही होगा.

[Ankush Sharma](#)

Aapka amulya samay dekar jankari dene ke liye bahut -bahut aabhar

[B.k. Chatter](#)

Wah kya khub ati sunder hamesha swath rahne ka ati uttam upay

[Kripashankar Pandey](#)

हे महात्मन्..! आप द्वारा प्रेषित मुक्तियाँ (पुस्तक) मुझे प्राप्त हो गयी है ! विभिन्न  
युक्तियों तथा उदाहरणों के माध्यम से आत्म तत्त्व को उपदेशित करने वाली यह पुस्तक  
स्वरूपस्थिति हेतु साधक के लिये पाथेय है..!

आप की इस अकारण करुणा का पात्र हो कर मैं आपके प्रति हार्दिक कृतज्ञतापूर्वक  
अहोभाव से भर गया हूँ ।

आपके लिये बस यही शुभकामना है कि आप इस देहपर्यन्त नरनारायण की सेवा हेतु पूर्ण  
समर्थ रहें तथा देहोपरान्त अनन्त काल के लिये स्वस्वरूपस्थ हों ...नतशीश नमन्.

[Kamal Singh Shekhawat](#)

Thanks sir ji bhagwan asoko lambi umar de

[Navneet Jagatramka](#)

Nice job, great to see a man like u working for social cause

[Sudhir Rathi](#)

आपके इस सेवाभाव को नमन

[Visu Parmar](#)

पहले तो आपको बहुत बहुत धन्यवाद सर जी  
और आप जो ये कार्य कर रहे हैं वो बहुत ही सराहनीय है

[Meenu Jain](#)

Sir jai jinendra

Aapka mere or meri family pe anant upkar hai,  
Kyuki maine jeene ki aas hi chhod di thi  
Aapke disha nirdesh ne jeevan badal diya

[Ramesh Kumar](#)



बहुत अच्छा कार्य कर रहे हैं आप

[Pushpa Maggu](#)

U are doing great job for awareness of people may god bless u sir

[Suresh Goswami Anupam](#)

अतिसुन्दर मानवतावादी अनुकरणीय मिशन।बहुत बहुत साधुवाद।

[Anshul Vashishtha](#)

Thank you sir ji.... Hats off to ur sense of charity

[Rohit Singh](#)

Sar ap mahan h ap logo ka dukh dur kar the h bhagwan apko sada khus rakhe m dil se dua de RHA hu Sar apko

[Vineet Krgoel](#)

Dr Saab Namaskar ..sir your posts are really helpful towards humankind. Thanks a lot sir

[Amarsingh Rajpurohit](#)

Sir aapka Yeh nek kary desh k liye bahut kam ayega

[Seema Seema](#)

Bahut bahut dhanyavad .ap ne bahut achi salah de

[Ashok Kumar Gangwal](#)

Dr. Sab

बहुत बहुत धन्यवाद इससे बहुत लोगों को फायदा होगा

[Tushar Dutt](#)

सर आप निःस्वार्थ एक बहुत अच्छा काम करते हैं वो भी बिना किसी फीस के

[Sushil Dubey](#)

आप की पोस्ट पढ़ कर प्रसन्नता मिलती है। साधुवाद ।

[Arun Pathak](#)

Sir koti - kot Parnam

[Mayank Jain](#)

Sir apko koti koti naman

[Manorama Rani](#)

I am very thankful for your help and hope it will help my daughter.  
Thanks once again and hope u will show your guidance to the needy

[Amar Nayak](#)

अतिसुन्दर। अद्भूत

[Devendra Nath](#)

Heartiest thank from deep of soul for posting valuable informations .  
Salute .....Salute.... Dr

[Anil Mathur](#)

Great thought sir ji.....We will try to give our best for this  
thing....Thanks.....

[Anil Mathur](#)

Amazing effort by you Dr. sahab ji...Thanku so much

[Rohit Singh](#)

Dr Sar namste Sar apnea Jo dwai btai thi colistrol kam Karen keep  
liye muje bhut fayda ho RHA h

[Kailash Bohra](#)

शानदार साधुवाद

[Anil Mathur](#)

शानदार शानदार शानदार शानदार शानदार शानदार शानदार

[Ram Kumar Ballan](#)

डॉक्टर साहब नमस्कार  
बहुत ही सुन्दर कार्य  
परमपिता परमात्मा आपको दीर्घायु करे

[Mayank Jain](#)

जय जिनेन्द्र  
For supporting nd guiding me  
I m grateful to u sir

[Anshul Vashishtha](#)

Dr satyanarayan thanx for sharing such a valuable information

After reading ur articles I am profoundly impressed

[Anshul Vashishtha](#)

U r doing an amazing job sir

[Gulshan Jain](#)

डॉक्टर साहब, आप बहुत नेक कम कर रहे हैं। बधाई। कृपा करके अपनी उपयोगी किताबे Gulshan.jain@gmail.com पर भेज दे। धन्यवाद।

[Rana Thakur](#)

sir aapki is post ki hum bhut absykta thi bina mange hi hi moti mile  
aapka hardik dhanyabaad

[Ranjeet Singh Yadav](#)

आज के वक्त मैं यदि कोई इतनी लाभकारी जानकारी  
समाज की भलाई के लिये समय निकाल कर  
निस्वार्थ बाँटता है,  
यह सोच काबिले तारीफ है,  
इतनी सुंदर सोच को हम दिल से सम्मान सहित सलाम करते हैं।

[Vikas Shivhare](#)

Sar mene aapki side par jaakar aapko msg karna chaha lekin nahi ho  
raha.

sar me ye kahna chahta hoo ki aap bahut hi shandar docter hai aur  
minded bhi.

aap free me logo ko rog ki teatment batate hai aur bade pyar  
se,namrta se baat bhi karte hai  
aap best ho sar.

me apne mobile ka net ka recharg kewal aapke teatmet ko padne ke  
liye.hi karta hoo.

sar me iss samay bahut pareshan hoo.

Lekin me aapase milne indore jaroor aaonge kewal aapse milne aur  
aapko paas se dekhne ke liye aap best ho sar Charan sparsh sar

[Yasmeen Budhwani](#)

डॉक्टर सांब आप जो ये सेवा कर रहे हैं बहुत बड़ी मिसाल है

बहुत बड़ी सेवा कर रहे हैं  
आपके लीये जोबी दुवा माँगे कम ही है  
भगवान आपको खुश ओर सुखी रखे,  
ये मेरी प्रार्थना है भगवान से.

[Harish Chandra Joshi](#)

Thank you for this useful information.  
It is really positive way of thinking and good cause for the humanity.  
Thank you once again

[Subodh Kumar Mishra](#)

डॉ साहब प्रणाम  
मैं आप का बहुत आभार मानता हूँ  
जिस तरह से आप निस्वार्थ भाव से सेवा कर रहे हैं  
वैसा प्रमाण मिलना कठिन है।

[Rana Thakur](#)

Ati utaam yogdaan he sir aapka samaj ke prati.

[Varun Mishra](#)

हे महामानव, आपका मार्गदर्शन शारीरिक व अध्यात्मिक रूप से सबलता प्रदान करती है।

[Durga Joshi](#)

Dr. Shab ko thanks kahuga or sabhi dosto ko ye bhi batauga ki mai  
bhi dr. shab se Skin ka treatment le raha hu or mujhe 80% thik ho  
gaya hai.

Aap sabhi pathako ko batana chahuga ki 3 year's se maine English  
medicine liya tha, magar bimari kam ke jagah badh raha tha.

[Kavi Anand Jain Akela](#)

आपका परामर्श मानव मूल्यों की धरोहर है.

[Meenu Jain](#)

Jab kisi ko aapki dawa batati hu n,  
usko aaram mil jata h  
to bhut achha lagta h

[Varun Mishra](#)

आपका हर दवाई और विचार मानवीय जीवन के लिए अमूल्य है। इसे आत्मसात कर मानव का शारीरिक, मानसिक व अध्यात्मिक रूप से स्वस्थ व सबल जीवन जी सकता है।

हे महामानव ! आपको शत शत नमन व वंदन।

#### [DrKishan Swaroop Sharma](#)

एक अति सुंदर, कामयाब तथा जीवनोपयोगी पोस्ट के लिये आपको हमारी ओर से कौटी-कौटी धन्यवाद- जय श्री राधै. ..राधै जी की

#### [Neeku Gupta](#)

Aap se Accha Paropkari Insan is Puri Darti par no Milega Sir  
Ni SWarth Sava Bhav Sir Aap Bhagwan h Ap Sir Pujniy hai.

#### [Tikam Jain](#)

Jai jinendra sa prnaam sa.

Aapki hr post sadhak ke liye praan vaayu ka kaam krti he.

Aatm pipasu ke liye to amrit hi he.

Chintan Krte Krte Rom Rom Pulkit Ho Jata He Aur Avrnniy Anubhav Hota He.

#### [Anil Garg](#)

पता नहीं कितने लोगों के जीवन में स्वास्थ्य का उजियारा किया होगा आपने डाक्टर साहब और वो भी निस्वार्थ।

#### [Manju Singh](#)

Good Morning Sir. I have reading all your health posts which I have found extremely helpful.

You are doing a very noble service.

Kindly give some advice and treatment of Thyroid .

Can it be cured permanently through homoeopathic treatment and medication.

#### [Anil Garg](#)

सौभाग्यशाली हैं वो जिनके दिल में दूसरों के लिए दर्द है।

आपको हृदय से प्रणाम डाक्टर साहब।

#### [Ramdulare Gupta](#)

डाक्टर साहब प्रणाम आपके आशीर्वाद से मैं ठीक हूँ. आपके द्वारा बताई दवाओं से अब मैं दूसरों को भी लाभान्वित करा रहा हूँ.



[Aadityaa Sharma](#)

आपको प्रणाम।

समाज के लिए आपके विचार, अपने अनुभव, समाधान, ललक

आपकी कितनी भी सराहना करे तो भी कम है।

कहने के शब्द नहीं मिल रहे।

मैं अपनी भावना व्यक्त नहीं कर पा रहा हूँ।

कोटि कोटि नमन।

[Neeku Gupta](#)

Sir ji Ap to Bagwan ho

Sir ji Ap Roj New Acchi Daba Aur Gyan Ki Jankari Post Kar Rahe ho.

[Subodh Kumar Mishra](#)

डॉ साहब बहुत बहुत आभार

मैं आपके ही सहारे हूँ

आपके ऊपर बहुत विश्वास है ।

[Deepak Dewnani](#)

डॉ. साहब ,सादर नमस्कार,

मैं नियमित रूप से आपकी सभी पोस्ट को पढ़ता हूँ।

इनसे काफी महत्वपूर्ण जानकारी प्राप्त होती हैं।

आपके द्वारा किया गया यह कार्य प्रशंसनीय है

एवं लोक कल्याण हेतु सराहनीय है।

[Nishit Sharma](#)

बहुत ही अच्छी जानकारी दी गई है

डाक्टर साहब बहुत आभार व्यक्त करते हैं

आगे भी इस तरह हमारा जीवन में मार्ग सुझाये.

[Surender Kaushik](#)

Nice Dr sahib. Great service to mankind.

[Chandrakant Singh](#)

Very very useful lines.

thank you so much.

[Ramkumar Sharma](#)

Sir ko naman

aap bahut hi punnaya ka Karya karrahe hai

[Manju Singh](#)

Good Evening Sir.

Your prescribed medicines are very effective.

I am really thankful to you.

You are so genuine.

[Shivam Saxena](#)

Sir mai swath raho swath karo koi bhi bimari ho

Uski dava puri tarahe se fayda kar rahi hai

Thanks sir

[Ramdulare Gupta](#)

डाक्टर साहब प्रणाम आपके आशीर्वाद से मेरा शुगर लेवल बिना दवा के ठीक रहता है.  
आपके द्वारा बताये गये इलाज को मैंने अपने घर परिवार और गाँव मे बहुत लोगो को दिया है.

सभी को बहुत जल्दी आराम मिलता है.

आपके द्वारा बताया गया बुखार का इलाज बहुत ही प्रभावशाली है.

जिसको भी दिया है शत-प्रतिशत सकारात्मक परिणाम मिले हैं.

[Narayan Lal Choudhary](#)

Aapka every treatment 100% useful rhata hai.

Aap sir world ke best doctor ho.

Aapke btayi gyi medicine se mere ko aur mere dost ko bhoot benifit hua hai.

Ek request hai maine upper likha hai body vibration aur stage phobia ke baare mai advice digeye plzz.

[Rana Thakur](#)

Dhanyawad sir

Aaj hi le lunga mene aapki bataya anusaar kai treatment liye he or

Dusro ko bi bataya he

Jinse bhut hi fayda ho raha he.

Logo ki duaye aapko mil rahi he sir.

[Kailash Chandra Khandelwal](#)

उत्तम स्वास्थ्य हेतु अत्यन्त उपयोगी,हितकारी,जानकारियों के लिए अनंत आत्मीय साधुवाद। बधाई।

[Harry Suyal](#)

[muktiya](#) – 5 star

This is excellent to help us every time  
this is excellent to help us every time

[Rana Thakur](#)

आपका बहुत बहुत आभार जो इन्गलिश दवाओ से होने वाली परेशानी ओर लुटने से बचने में सहायता की हम आपके इस प्रयास को ओरो को भी बताता हूं जिससे गरीब जन मानस फायदा ले सके ओर सुख से रहे. आपका कोटि कोटि आभार.

[Atul Singh](#)

[muktiya](#) – 5 star

जीवन में स्वस्थ शरीर के लिये अति उपयुक्त पेज है,  
पाये निरोग व साफ सुथरी जिन्दगी !

[Kadar Khan](#)

[muktiya](#) – 5 star

Salute dr swatantra jain...  
Sacchi manav sewa koi aap se seekhe

[Girish Vyas](#)

reviewed [muktiya](#) – 5 star

Aapke jese sahi doctor sahab nahi dekha .  
Great work.  
Aapke pas har bimari ka ilaj he

[Hansa Rohit](#)

[muktiya](#) – 5 star

Bhagvan ne aapko bahot achhi socha di he.  
Aur aajke dorme logo ko  
Aapke jese ki sahi me jarurat he sir.  
Bhagvan aapko bahot sakti de  
Aapka prayas achha hai  
Aur logo ki duvao se jarur  
Aap safal henge.....  
Aur achhe kaam me  
Bhagvan bhi sath deta hai  
All the best.

Vipin Garg

muktiya – 5 star

बहुत अच्छा कार्य है

अगर जनता का इस पर विश्वास बनाए रखे

तब जिन्दगी मे किसी को एलोपैथिक दवाईयां खाने के कारण अलसर का भी सामना नहीं करना पड़ेगा

Jitendra Bhadauriya

Apka koi jod nahi hai sir

Aap logo ke liye God ho.

Jo itna app sochte ho.

Apki sari poste vardaana hai

Thanks

Chetna Kanchan Bhagat

आप दोनों ही मेरे लिए प्रेरणा रूप हो

आपके प्रेम, लोक कल्याण की भावना व सामाजिक उत्तर दायित्व की अमिट छाप मेरे मन हृदय में सदा से है।

Kadar Khan

Muktiya – 5 star

Salute Dr Swatantra Jain...

Sacchi Manav sewa koi aap se seekhe.

Jeetendra Singh

Muktiya – 5 star

Really very helpful humanity...

Dr swt....is goodman

Arvind Singh

Muktiya – 5 star

He is great man who serving humanity unconditionally.

Jagannath Tanty

Aap ki saari baatein mere lie Amrit baan hai aor yaha bahot achhi

baat hai ki main bhi kisi ke kaam aunga Dhanyabaad sir, my Gmail is

### [Deepak Rajput](#)

Rajiv Dixit ji ke bad drswatantra jain ji ko maine dekha h jo is desh ke liye dil se kaam krte h warna sab lootne ka hi sochte h.

### [Arvind Singh](#)

He is great man who serving humanity unconditionally

### [Sneh Jain](#)

Aapki posts bindas hoti hai aur bilkul real.sach  
bahut dukh hota hai  
chand rupees ke liye marijo se khilwad karte hai doctors

### [Rana Thakur](#)

धन्यवाद सर, कल दवाई लाता हूँ  
सर आपके सहयोग से हम अब काफी टाईम से किसी के द्वारा नहीं लुटे हैं  
नहीं तो हमारी तनख्वाह का ज्यादा भाग डाक्टर साहब की फीस में खर्च हो जाता था.

### [Lalit Sharma](#)

Swasthya aur Sresth-jeevan kaise haasil ho....is disha me aapka  
marg-darshan bahot anmol h....  
kripaya apna aashirwaad baye rakhiyega....  
dhanyawaaaaad

### [Pawan Sharma](#)

आपकी सेवा को नमन है डॉक्टर साहब

### [Rohit Singh](#)

logo ke dukh ka niwaran karne wale dr sar m apko parnam karta hu

### [Piyush Jain](#)

So Graceful. God Bless u.

### [Jitendra Jain Bhavya Atmn](#)

Dr Swatantra jain ji kya Face pr Saralta h,  
सबका दुख दूर करने वाले डॉक्टर, आपको सादर जयजिनेन्द्र

### [Devendra Pandey](#)

Apke bare m bhut suna h  
Garv hota h Hume apke sath jud k



thank you sir

[Ashok Patil](#)

Very good.

Feeling pleasure n proud of you after reading your post.

I read you for the first time.

[Pc Bargout](#)

सर में दो साल से आयुर्वेदि और एलोपैथी दवाई खाई और फिर बाद में होम्योपैथी लेकिन किसी भी दवाई से लाभ नहीं हुआ सिर्फ आपके द्वारा बताई गई दवाई से लाभ हुआ

[Prakash Maan](#)

You are really so great

Perhaps God have chosen you sir ji carry on please.

[Tripurari Sharma](#)

आपकी सेवा व सेवा भावना की जितनी तारीफ की जावे वो कम है

[OM Singh](#)

A Great person on a great mission.

He always helps people

[Pawan Sharma](#)


नमन: है आपकी सेवा को डॉक्टर साहब

[Jeenu Bhansali Jain](#)

Bahut hi badiya...


Anmol Jaankaari share karne ke liye.

aapko tahedil se Dhanyawaad aur naman karta hu,




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## **-: डॉ. स्वतंत्र जैन एक परिचय :-**

डॉ. स्वतंत्र जैन सा. एक प्रख्यात निःस्वार्थ डॉक्टर, लोक कल्याणकारी और मानवाधिकार के क्षेत्र के मनीषी, जनहित, प्रेरणादायी और आध्यात्मिक लेखक हैं.

देश और विदेश के लाखों लोगो तक डॉ. सा. के मुक्तियाँ ट्रस्ट द्वारा निशुल्क पहुंचाया जा रहा उपचार रोगी के परिवार को स्वस्थ रखने की सम्पूर्ण जीवन प्रणाली है.

आपकी बताई नेचरल होम्योपैथी की दवाई रोगी के शरीर की प्रतिरक्षा प्रणाली को मजबूत कर लोगो को स्वस्थ बनाती है और रोग से पूर्ण लाभ देती है.

आज तक लाखों लोगों ने उनके इस उपचार को लिया है और उन सबको आराम हुआ है. साथ ही डॉ. सा. की भावना है कि उनकी इस नेचरल होम्योपैथी की पद्धति का विदेश में भी प्रचार-प्रसार कर सम्पूर्ण विश्व के लोगो को इसका लाभ पहुंचाना चाहते हैं.

साथ ही डॉ. सा. के मुक्तियाँ विश्व शांति, सुख समृद्धि ट्रस्ट द्वारा हर देश में समवशरण सेवा मंदिर काम्प्लेक्स की स्थापना का अति विशाल कार्य भी शुरू किया जाना है.

ये सभी एक हजार आठ समवशरण सेवा मंदिर काम्प्लेक्स दीन-दुखी, बेबस, लाचार तथा बीमार व्यक्ति को भोजन, औषधि, शिक्षा तथा सुरक्षा देंगे तथा फिर उनको सर्वांग सुखी कर सहजानंदी शुद्ध स्वरूपी चैतन्य भगवान के ज्ञान का दिव्य-प्रकाश प्रदान कर पामर से परमात्मा बनने की प्रेरणा देते रहेंगे.

इन सभी समवशरण सेवा मंदिर काम्प्लेक्स में सम्पूर्ण मानव समाज के कल्याण लिए चार प्रकार के दान या सेवा की व्यवस्था रहेगी -

- औषधि दान या सेवा
- शास्त्र दान या ज्ञान सेवा
- अभय दान या सुरक्षा प्रदान करना
- आहार दान या पौष्टिक भोजन प्रदान करना

पूरे विश्व में ऐसे 1008 समवशरण सेवा मंदिर बनाना है.

आप अन्तर्राष्ट्रीय मानवाधिकार संगठन के इन्दौर शहर के अध्यक्ष एवं मध्यप्रदेश राज्य के उपाध्यक्ष भी हैं.

आप मानवाधिकार के क्षेत्र में अतुलनीय जनहितकारी कार्य कर रहे हैं.

प्राणी मात्र के चैतन्य-सम्राट की बात करने वाले आपके आध्यात्मिक लेख भी आपकी खुद की आत्मानुभूति, आत्मज्ञान, आत्मवैभव,

निजी अनुभव और नय, न्याय एवं वैज्ञानिक प्रमाणों के आधारों पर ही लिखे गये होते हैं। अतः आप चाहे तो उनकी लिखी सभी आध्यात्मिक पुस्तकों को भी उनकी वेब साईट से डाउन लोड कर सकते हैं।

डॉ. सा. का जन्म एक जनवरी 1949 को भोपाल में हुआ था और आपने इंजीनियरिंग की डिग्री मौलाना आजाद कालेज आफ टेक्नोलॉजी, भोपाल से प्राप्त की।

फिर आपने म.प्र. विधुत मंडल में विभिन्न पदों पर रहते हुए अत्यंत कुशलता एवं कर्मठता के साथ अपना कार्य निष्पादित किया एवं अधीक्षण यंत्री पद से समय पूर्व सेवानिवृत्ति ले ली।

आपने डॉक्टर आफ मेडीसिन (वैकल्पिक चिकित्सा) की उपाधि भी प्राप्त की। आपके पास आने वाले सभी पीड़ित और परेशान लोगों की दुख, बीमारी और समस्याओं का उपचार, परामर्श, सलाह एवं इलाज आप निस्वार्थ भाव से करते हैं।

आपने विभिन्न धार्मिक एवं सामाजिक संस्थाओं के अध्यक्ष एवं सचिव पद पर रहते हुए बहुत ही निपुणता के साथ उन संस्थाओं के कार्य को आगे बढ़ाया है।

आपके लेख सन्मति संदेश दिल्ली एवं अन्य पत्रिकाओं, समाचार पत्रों में छपते रहे हैं।

आपके द्वारा लिखी गई पुस्तकें निम्नानुसार हैं -

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8. मुक्ति-पथ
9. मुक्ति-कुंज
10. मुक्ति महल
11. मुक्ति दीप
12. मुक्ति मार्ग
13. मुक्ति सुख
14. मुक्ति तरंग
15. मुक्ति दर्पण

आपकी वेबसाइट [www.muktiya.com](http://www.muktiya.com) पर आपके सभी लेख और पुस्तकें उपलब्ध हैं।

आपकी शैली अत्यंत सरल, सुबोध, शास्त्रोक्त, वैज्ञानिक एवं तर्क संगत है।

आत्मा जैसे गंभीर एवं दुरूह विषय को भी आप अपने तर्क एवं उदाहरण द्वारा इतने सहज रूप में समझाते हैं कि आत्मा की सत्ता को ही नकारने वाला श्रोता भी उस पर विचार करने को मजबूर हो उठता है।

आपकी स्पष्ट उद्घोषणा है कि जिस तरह हर नागरिक को राष्ट्रपति, प्रधानमंत्री बनने की स्वाधीनता है,

उसी तरह आत्मा के क्षेत्र में भी प्रजातंत्र की ही प्रतिष्ठा है। यहाँ पर भी प्रत्येक प्राणी अपनी आत्मा को गृहण कर अपना कल्याण कर परमात्मा बन सकता है।

वर्तमान में आपके द्वारा निम्न कार्य और केंद्र संचालित किये जा रहे हैं -

1. अन्तर्राष्ट्रीय मानवाधिकार संगठन इन्दौर के अध्यक्ष के रूप में आपके द्वारा लोकहित, सामाजिक उत्थान और समभाव के लिये कार्य किया जा रहा है एवं दीन-हीन एवं गरीब लोगों की बेबसी, लाचारी और परेशानियों को केंद्र और राज्य सरकारों के समक्ष रख कर उन्हें दूर करने की कोशिश की जा रही है।
2. लोक हित, प्राणिमात्र के कल्याण के लिये आपके प्रवचन छः माह तक भास्कर टी.वी. पर आते रहे हैं।
3. फेसबुक और Samadhan समाधान ग्रुप पर भी आपके लेख और बीमारियों के उपचार से सम्बंधित लेख आते रहते हैं.
4. देश-विदेश के हजारों लोग उनकी बीमारियों और परेशानियों के निवारण के लिए आपसे सम्पर्क करते रहते हैं.

आपके द्वारा संचालित निशुल्क संस्थायें और कार्य इस तरह हैं -

1. मुक्तियाँ विश्व शांति, सुख, समृद्धि ट्रस्ट -

संसार में हर ओर आज लड़ाई, झगड़ा, मार-पीट, हिंसा आतंकवाद आदि दिखते हैं, उससे मुक्ति पाने की दिशा में प्रत्येक मनुष्य अगर अपने सर्वजनहितकारी स्वरूप को स्वीकार कर हरेक दीन-हीन, दुखी, बीमार, निम्न जाति एवं वर्ण के मनुष्यों को अपने अंतरमन से मुक्त-हस्त से तन, मन एवं धन से मदद करे तो विश्व शांति की कल्पना की कल्पना साकर हो उठेगी; सुख और समृद्धि का साम्राज्य स्थापित होगा। यह कल्पना साकार करने का प्रयत्न करना ही आपका उद्देश्य है।

2. मुक्तियाँ नेचुरल होम्योपथिक हॉस्पिटल -

किसी भी तरह की तकलीफ, परेशानी है, बीमारी अगर आपको है, तो उसकी पीड़ा से आपको मुक्त करने और आपके शरीर की समस्त क्रियाओं को अत्यंत सुचारू रूप से कार्य करने योग्य बनाने और आपकी सभी तरह की शारीरिक पीड़ा से आप मुक्ति पा सकें, यही आपका प्रयत्न है और उद्देश्य है।

3. आप अपने पास आने वाले हर बीमार को दवाई के अतिरिक्त यह सलाह अवश्य देते हैं कि वे रात्रि को खाना और जमीकंद खाना बंद करें.

4. सिर्फ सूर्य तप्त शाकाहारी सादा भोजन ही लें.

5. अपने आसपास की झोपड़पट्टी में रहने वाले किसी गरीब व्यक्ति की हर हफ्ते मदद करें.

6. अध्यात्मिक कैप्सूल के रूप में आपकी पुस्तक मुक्तियाँ की एक-एक मुक्ति तीन माह तक रोज पढ़ें. इससे उनकी नेगेटिव एनर्जी कम होगी और पॉजिटिव एनर्जी बहुत तेजी से बढ़ेगी.

आपके द्वारा सभी को खुद को स्वस्थ रखने और अन्य दूसरे हजारों-लाखों लोगों को भी स्वस्थ करने की प्रेरणा दी जा रही है.

फेसबुक के कई दोस्तों ने बताया है कि उन्होंने अपने गाँव या शहर में डॉ. सा. द्वारा बताई चिकित्सा पद्धति से मरीजों को हर तरह से निशुल्क सलाह देना और उनका उपचार करना भी शुरू कर दिया है. इस तरह इन सेवाभावी लोगों ने न केवल अपने परिवार को स्वस्थ रखा, अपितु अन्य लोगों को भी स्वस्थ बनाये रखने को कोशिश की. साथ ही

गरीबों का निशुल्क उपचार भी शुरू कर दिया है और लोगों को इससे बहुत लाभ भी हुआ है.

इस तरह सभी लोग स्वस्थ रहे और अपने आसपास के लोगो को भी स्वस्थ रहने में मदद करे.

तथा विश्व-बंधुत्व की ज्योत को जलाये रखने में हमे सहयोग करें.

यदि आप चाहे तो डॉ. सा. के हजारों आध्यात्मिक लेखों को पढ़ने के लिए उनकी लिखी मुक्तियाँ, मुक्ति शिखर, मुक्ति धारा, मुक्ति पथ और मुक्ति कुञ्ज आदि पंद्रह आध्यात्मिक पुस्तको को muktiya.com से आप निशुल्क डाउन लोड कर सकते हैं - इन को रोज पढ़ने से आपकी नेगेटिव एनर्जी निश्चित ही कम होगी और पॉजिटिव एनर्जी बहुत तेजी से बढ़ेगी.

आप सभी को यह जानकारी अत्यंत प्रसन्नता होगी कि डॉ. स्वतंत्र जैन सा. के प्रवचनों और साक्षात्कारों की 15 डीवीडी के सेट सभी जिज्ञासुओं को भेजे जा रहे हैं.

इन सभी 15 डीवीडी के सेट को आपके बताये पते पर कोरियर द्वारा निशुल्क प्राप्त करने के लिए कृपया आप अपना पता और मोबाइल नं. डॉ. स्वतंत्र जैन सा. के मेसेज बॉक्स में भेजे.

डॉ. सा. के पचासों विडियो प्रवचन, इंटरव्यूज को यू-ट्यूब पर भी डाल दिया गया है जिनको देखने का लिंक इस तरह से है -

<https://www.youtube.com/channel/UCuVsIq6F2zYNLxUNbBqalkg>

डॉ. सा. के “सुख की ओर” के पचासों प्रवचनों को MP-3 में सुनने के लिए आप इस लिंक में जाएँ -

<https://we.tl/RoT5Bnlbiy>

डॉ. सा. के “WAY TO HAPPINES” के इंटरव्यूज को MP-3 में सुनने के लिए आप इस लिंक में जाएँ -

<https://we.tl/1II2BRAp94>

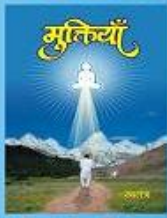


**मुक्तियाँ**  
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**भक्त से भगवान बनने**

अगर आप दीयोगी काया, स्वस्थ शरीर, सुंदर छवि चाहते हैं तो व्यूटी पॉलर, हेल्थ क्लब जाना, घूमना, कसरत करना आदि क्रियाओं में घंटो समय बिताना और हजारो रुपये खर्च करने के बदले अगर आप उससे आधे समय भी दीन-हीन, दुखी, बेबस, लाचार, बीमार मनुष्यों की सेवा करेंगे तो इससे आपकी अन्तर्चेतना शक्ति जागृत होगी जिससे न सिर्फ आपका वर्तमान शरीर स्वस्थ एवं सुन्दर होगा अपितु आपके आगे आने वाले हजारों भवों में भी आप स्वस्थ, सुंदर एवं समृद्ध रहेंगे एवं शीघ्र ही पामत्र से परमात्मा बन जावेंगे।

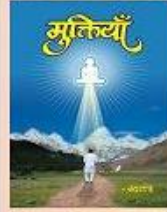




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जैन, हिंदू, बौद्ध, मुस्लिम, ईसाई, सिख, पारसी, जैन, एवेकन सेव, इत्यादि  
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भक्त से भगवान बनें

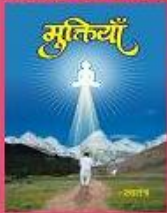
प्रजातंत्र में जिस तरह हर नागरिक को राष्ट्रपति  
प्रधानमंत्री बनने की संवैधानिक योग्यता है,  
उसी तरह प्राकृतिक संविधान से प्रत्येक मानव अपनी आत्मा को गृहण कर स्वयं  
**पामर से परमात्मा बन सकता है**  
**खुद से खुदा बन सकता है**  
**भक्त से भगवान बन सकता है**



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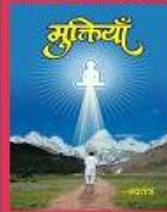
**सिद्ध भगवन्त बाहें फैलाये तुझे पुकारे रे**  
**घर आजा परदेशी तेरा मोक्ष बुलाये रे।**



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भक्त से भगवान बनें

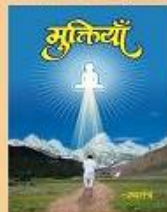
**यह संसार एक सपना है**  
**मोक्ष महल ही अपना है**



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भक्त से भगवान बनें

धर्म का कार्य सदाकाल सुख देना है  
अपनी आत्मा को पहिचानकर मानकर एवं गृहणकर  
आप भी अन्य परमात्माओं के समान अपने सम्पूर्ण  
सुख को प्राप्तकर अमर हो कर भगवान बन सकते हो।



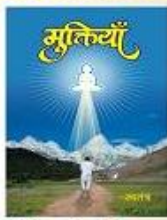
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भक्त से भगवान बनें

अगर आपको अपनी दीन-हीन अवस्था, दुख, बीमारी, गरीबी,  
लाचारी, बेबसी परेशान कर रही हैं तो अपने भगवान आत्मा  
को मानने से आप इन तकलीफों से शीघ्र ही मुक्त होकर सदाकाल  
रहने वाले सुख को पाकर अमर हो जावेंगे।



भक्त से भगवान बनें

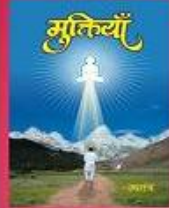


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इस संसार में एक परमाणु भी नष्ट नहीं होता है। हर बार वह दूसरे परमाणु से क्रिया कर नया यौगिक (शरीर) बनाता है और पुराना यौगिक नष्ट हो जाता है। आप भी एक शरीर (यौगिक) से दूसरे शरीर में भ्रमण करते रहते हो। नये शरीर के धारण करते ही पुराना शरीर नष्ट हो जाता है। इस तरह जब एक सूक्ष्म परमाणु भी इस जन्म-मरण की क्रिया में नष्ट नहीं होता है तो फिर यह मान लें कि आप भी सदाकाल अविनाशक ही हैं अमर ही हैं। पुनः जैसे परमाणु में अपार शक्ति भरी है वैसे ही आप में भी अनन्त शक्ति एवं गुण भरे हुए हैं। इस तथ्य को स्वीकार करने से आप भी भक्त से भगवान बन जाओगे।

भक्त से भगवान बनें

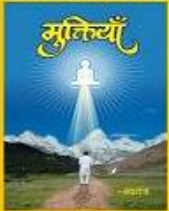


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आप अनन्त सुख, अनन्त शक्ति, अनन्त ज्ञान,  
अनन्त शान्ति के भंडार हो  
एवं वर्तमान में ही त्रिलोकीनाथ भगवान हो।

भक्त से भगवान बनें

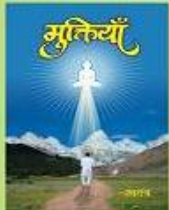


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तुम स्वयं ही हो तीन लोक के नाथ

भक्त से भगवान बनें

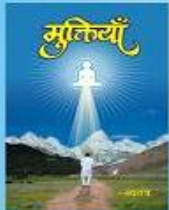


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ॐ  
हिन्दु मुस्लिम सिख इत्यादि  
सब ही हैं परमात्मा भाई

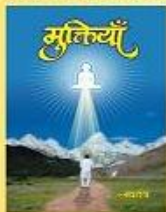
भक्त से भगवान बनें



**डॉ. स्वतंत्र जैन**

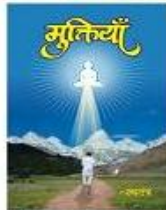
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तुम स्वयं सिद्ध-बुद्ध-शुद्ध हो,  
एवं सम्पूर्ण ब्रह्मांड के स्वामी हो



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**सभी मनुष्य समान रूप से भगवान हैं**  
**चाहे राजा हो या रंक, अमीर हो या गरीब, स्त्री हो या पुरुष**  
**बालक हो या जवान हो या वृद्ध, उत्तम वर्ग हो या निम्न वर्ग**



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### विश्व बंधुत्व

इस संसार में प्रत्येक प्राणों ने चौरासी लाख योनियों में से प्रत्येक योनी में अनन्त बार जन्म-मरण किया है। आपको दिखने वाला प्रत्येक मनुष्य किसी न किसी जन्म में आपका ही पारिवारिक सदस्य, दोस्त आदि रहा है। इससे यह सिद्ध होता है कि सभी मानव कभी न कभी आपके ही माँ, बाप, भाई, बहिन, सम्बन्धी या दोस्त रहे होंगे। अतः अब प्रत्येक दीन-हीन, दुखी, बीमार, लाचार, बेबस भाई-बहिन के आँसू पोंछना उनकी मदद करना ही विश्वबंधुत्व की भावना को साकार करना है और इस मार्ग पर चलकर आप शीघ्र ही भक्त से भगवान बन जाओगे ”